## **CURRICULUM VITAE**

NAME: SUSAN LEE JOHNSON

**POSITION:** Professor of Pediatrics

Director, The Children's Eating Laboratory

ADDRESS: University of Colorado Anschutz Medical Campus – School of Medicine,

Department of Pediatrics

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CITIZENSHIP: United States of America

#### **EDUCATION & TRAINING:**

1976 – 1980	University of North Carolina at Chapel Degree: B.S. in Biology (Mentor, A. Domnas)
1982 – 1986	The Pennsylvania State University, Degree: M.S. in Nutrition Science (Mentor, C. Reddy)
1988 – 1993	University of Illinois at Urbana-Champaign, 1993 Degree: Ph.D. in Nutrition Science (Mentor, L.L. Birch)
1994 – 1996	Postdoctoral Fellowship, University of Colorado Health Sciences Center, Department of Pediatrics, Center for Human Nutrition, Aurora, CO, 1994-1995 (Mentor: J.O. Hill)

#### **ACADEMIC APPOINTMENTS:**

Instructor, University of Colorado Health Sciences Center, Center for Human Nutrition, Team Participant - Nutrition Clinic, 1996-1998

Assistant Professor, Director of the Children's Eating Laboratory, Founding Team Member - The GoodLIFE Clinic, 1998-2004

Associate Professor, Department of Pediatrics, Director of the Children's Eating Laboratory, University of Colorado Denver School of Medicine, Aurora, CO, 2004-2012

Secondary Appointment, Department of Community and Behavioral Health, University of Colorado Denver Colorado School of Public Health, Aurora, CO, 2010 – present

Professor, Department of Pediatrics, Director of the Children's Eating Laboratory, Associate Director, T32 NIDDK Pediatric Nutrition Training Grant, University of Colorado Denver School of Medicine, Aurora, CO, 2012 – present

Professor with tenure, Department of Pediatrics, Section of Nutrition, University of Colorado Denver School of Medicine, Aurora, CO, 2014 – present

Associate Director, CCTSI Leadership for Innovation in Team Science (LITeS), CU School of Medicine, Aurora, CO 2016 – present

#### **ADJUNCT ACADEMIC APPOINTMENTS:**

Affiliate Faculty, Department of Food Science and Human Nutrition, Colorado State University, Fort Collins, CO, 2000 – present

Adjunct Faculty, Department of Family and Consumer Sciences, Graduate School, University of Idaho, Moscow, ID, 2012 – 2018

Adjunct Faculty, School of Nursing Graduate School, University of Colorado Anschutz Medical Campus, Aurora, CO, 2013 –2018

Adjunct Faculty, Graduate School, Denver University, Denver, CO, 2005 – 2008

## HONORS, SPECIAL RECOGNITIONS AND AWARDS:

University of Illinois College of Agriculture Recognition of Excellence, 1988 – 1990 University of Illinois Division of Nutrition Sciences Travel Award, 1990 – 1992 NIH Predoctoral Fellowship, 1988 – 1991

University of Illinois Graduate College Fellowship, 1992

International Life Sciences Institute Keystone Symposium Travel Award, 1992 Gamma Sigma Delta Honor Society, 1993

NIH T32 Postdoctoral Fellowship, 1994 – 1995

Ruth C. Bowling Award for Outstanding Leadership in Nutrition Education, 2001 University of Idaho Margaret Ritchie Distinguished Speaker, 2001

Who's Who in Medical Sciences Education, 2005

UCDHSC Dean's Graduate School Mentoring Award, 2007

Associate Editor, Journal of Nutrition Education and Behavior, 2009 – 2020

Sr. Associate Editor, Journal of Nutrition Education and Behavior, 2021

University of Illinois College of Agricultural, Consumer and Environmental Sciences (ACES) Alumni Association Award of Merit, nominated 2012

American Society for Nutrition, Nutrition Education Award, nominated 2013

Senior Advisor, Nutrition Education Research Interest Section, American Society for Nutrition, 2013 – 2014

CU-AMC Professionalism Award, nominated 2014

University of Illinois College of Agricultural, Consumer and Environmental Sciences (ACES) Alumni Association Award of Merit, 2015

NHLBI MOST Study Design Workshop (competitive selection), 2018

Journal of Nutrition Education and Behavior, Platinum Author, 2020

Journal of Nutrition Education and Behavior Best Article Award, 2020

Society for Nutrition Education and Behavior, President's Award for Outstanding Service, 2023

The Oded Bar-Or Award for Excellence in Pediatric Obesity Research, The Obesity Society, 2023

## MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

North American Association for the Study of Obesity, 1996 – 1999

Society for Research in Child Development, 1993 – 2000

Society for the Study of Ingestive Behavior (SSIB), 1993 – 2004

American Dietetic Association; Pediatric Dietetic Practice Group, 1996 – 2006

Society for Nutrition Education and Behavior, Editorial Board, 2003 – 2008

American Society for Nutrition, 1997 – present

Society for Nutrition Education and Behavior, 2009 – present

The Obesity Society, 2009 – 2019

International Society for Behavioral Nutrition and Physical Activity, 2010 – present

#### MAJOR COMMITTEE AND SERVICE RESPONSIBILITIES:

## Current University Service

Associate Director NIH T32 Nutrition Training Grant; 2009 – 2022

Indirect Costs Committee, Department of Pediatrics, 2010 – 2022

Nutrition Discipline Director for Leadership & Education in Neurodevelopmental

Disabilities (LEND) Program, 2010 - present

Pediatric Nutrition Education Workgroup (Section of Nutrition; senior advisor), 2013

-2022

Department of Pediatrics Promotion and Tenure Committee, 2015 – present

Scholarship Oversight Committee, CU LEND Program, August 2020 – present

Chair, Nutrition Section Awards Committee, 2020 – present

Executive Committee NIH T32 Nutrition Training Grant; 2022 - present

## Other National and International Current Service

Joint US NIH-European Union Task Force Symposium Understanding Nutrition Related Consumer Behavior: Strategies to Promote a Lifetime of Healthy Food Choices; Co-Chair, Ghent, Belgium, 2013

USDA-NIH Behavior Working Group, 2014 - 2016

Board of Directors, A Child's Choice, Child and Adult Care Food Program, 2014 - 2019

Reviewer for the USDA Food and Nutrition Service, Child Programs, Feeding

Infants: A Guide for Use in Child Nutrition Programs, December, 2016

https://www.fns.usda.gov/tn/feeding-infants-guide-use-child-nutrition-programs

Reviewer for National Dairy Council's Fuel Up to Play 60 Program, 2016 - 2018

HHS Office on Women's Health Technical Expert Panel (TEP), 2018 – 2019

Liaison to University of Minnesota CTSA for development of local Northern LITeS

Leadership Program, 2018 - present

Society for Nutrition Education and Behavior Committee on Transparency in

Publishing, 2018 - present

Journal for Nutrition Education and Behavior Strategic Planning Committee, 2019 Robert Wood Johnson Healthy Eating Recommendations Working Group, 2019

NIH BOND-Kids Planning Committee Working Group 2, 2022

## Past University, National & International Service

Summer Experimental Biology Conference, Planning Committee, 1995 Visiting Professor in Nutrition (National Dairy Council), 1996 – 1999

Planning Committee International Eating Disorders Conference, 1998 – 1999

Indo-US NIH Sponsored Workshop Hyderabad, India, 2000

NIH T32 Nutrition Training Program Mentor for Cincinnati Children's Hospital (PI, Scott Powers), 2006 – present

Dannon Institute Pediatrician Outreach Committee 2000 – 2004

The Dannon Institute - Nutrition Scientific Council, 2003 – 2012

The Dannon Institute - Pediatric Nutrition Project, 2004 – 2006

The Hershey Company Health and Wellness Advisory Council, 2005 – 2012

Advisory Group for ENACT (Nutrition and Physical Activity Environmental Strategies), 2006

Society for Study of Ingestive Behavior Annual Conference Planning Committee, 2001 – 2004

USDA Committee to review the Children's MyPyramid, 2008

International Consortium for Responsive Feeding, founding member, 2008

Community Relations Director for the Colorado National Children's Study Center, 2008 – 2013

Hosted the USDA National Research Initiative/Agriculture and Food Research Initiative Project Directors' Meeting, 2010

Caring for Our Children National Health and Safety Performance Standards:
Guidelines for Out-of-Home Child Care Programs Review Committee, 2010 – 2011

Department of Pediatrics Mentoring Committee, 2011 – 2014

Department of Pediatrics Mentoring Retreat, session Co-chair, 2012

Senior Advisor, Nutrition Education Research Interest Group, American Society for Nutrition, 2013 - 2014

University of Illinois, College of ACES, Division of Nutrition Sciences, External Advisory Board, 2014 – 2019 (chair, 2018 – 2019)

Faculty Senate, University of Colorado School of Medicine, 2008 – 2015

Society for Nutrition Education Annual Meeting Program Co-chair, 2018

University of North Carolina Mock NIH Review, 2019

University of North Carolina Greensboro Nutrition Program Review, external reviewer of Undergraduate and Graduate Program, 2019

#### **REVIEW AND REFEREE WORK:**

## **Editorial Board**

Society for Nutrition Education and Behavior Board of Editors, 2003 - 2008 Associate Editor, *Journal of Nutrition Education and Behavior*, 2008 - 2019 Sr. Associate Editor, *Journal of Nutrition Education and Behavior*, 2020 - present

## Ad hoc reviewer

Appetite (Society for the Study of Ingestive Behavior), 1993 – present International Journal of Obesity and Related Metabolic Disorders, 1994 – 2004 Journal of Nutrition, 1995 – 2010

American Journal of Clinical Nutrition, 1996 – present

*Pediatrics*, 1997 – 2018

Journal of Developmental and Behavioral Pediatrics, 1997 – 2015

British Journal of Nutrition, 1998 – 2018

Obesity Research, 1999 – 2010

International Journal of Obesity, 2004 - 2018

The Journal of the American Medical Association, 2004

Journal of Pediatric Psychology, 2007 – 2016

Journal of Pediatrics, 2009 – present

Asia-Pacific Journal of Public Health, 2011

Journal for the International Society for Behavioral Nutrition and Physical Activity, 2012 – present

PLoS One, 2013 - present

Public Health Nutrition, 2013 – 2019

Journal of Autism and Developmental Disorders, 2013 – 2019

Journal of the Academy of Nutrition and Dietetics, 2013 – present

Developmental Psychology, 2017

American Journal of Preventive Medicine, 2017

Nutrients, 2018 - present

## Study Sections & Promotion Review

#### Study Sections

National Dairy Council Research Grants Committee, 1999

USDA Cooperative State Research Education Extension Service Study Section, 2000

UK Economic & Social Research Council (ad hoc reviewer), 2007

National Science Foundation (ad hoc reviewer), 2007

University of Massachusetts Agricultural Experiment Station (ad hoc reviewer), 2011

Colorado Clinical Translational Science Institute Maternal and Child Health grant reviewer, 2012, 2014

Rutgers University, USDA Hatch (ad hoc reviewer), 2013

USDA National AFRI Study Section member, 2017

University of Otago, NZ (ad hoc reviewer), 2019

## External Reviewer for Promotion Dossiers and PhD Dissertations

University of Tennessee, 2012

Deakin University, Australia reviewer for PhD dissertation, 2013

Rush University Medical College, 2014

University of Illinois, Chicago, 2016

University of Arizona, 2017

Brunel University of London, UK, 2017

Aston University, Birmingham, UK, 2017

Ohio State University, 2017

University of East Carolina, 2018

Johns Hopkins University, 2018

University of Kansas, 2019

Ohio State University, 2019

University of Arizona, 2019

University of Buffalo, 2020

University of North Carolina – Greensboro, 2020

Cornell University, 2020

Rutgers University, 2022

#### **LEADERSHIP PROFESSIONAL DEVELOPMENT:**

Pathways to Leadership Workshop, UCD, 2013

University of Colorado Leadership for Innovation in Team Science Program, cohort member, 2014 – 2015

Certification in the EQi 2.0, Emotional Intelligence Trainer, 2018

Certification in the TESI, Team Emotional Intelligence Trainer, 2018

Basic Training in Conflict Styles Management (TKI), 2018

Lead Developer of TL1 Leadership Training Programs for Postdoctoral Fellows and Doctoral Students, 2018 – 2019; Associate Director, 2019 - 2020

University of Illinois, College of ACES, Division of Nutrition Sciences, Graduate Student Leadership Program lead, 2018 – 2019

## INVITED EXTRAMURAL LECTURES, ORAL PRESENTATIONS AND VISITING PROFESSORSHIPS:

## Refereed Presentations

- 1. "Individual differences in children's self-regulation of energy intake." Invited presentation for the Benjamin Franklin-Lafayette Seminars, Le Chateau de <u>La Napoule, France</u>, (May, 1994).
- 2. "What's new in childhood obesity." Invited presentation for the Sports and Cardiovascular Nutrition Conference, Portland, OR, (April, 1998).
- 3. Improving children's regulation of energy intake." Experimental Biology Annual Conference, Washington, DC, (April, 1999).
- 4. Self-regulation of energy intake in Caucasian and Hispanic elementary school children." North American Association for the Study of Obesity Pediatric Obesity Research Group, Charleston, SC, (November, 2000).
- 5. "Cultural factors related to mother's child feeding practices." Society for Study of Ingestive Behavior Annual Meeting, Philadelphia, PA, (June, 2001).
- 6. "Effects of Protein Sparing Modified Fast on Weight Loss and Body Composition in Severely Overweight Adolescents." Experimental Biology Annual Conference, San Diego, CA (April, 2005).
- 7. "Under what conditions do children learn to self-regulate energy intake?" Invited Presentation for the PreCongress 10<sup>th</sup> European Nutrition Congress, <u>Paris, France</u> (July, 2007).
- 8. "Increasing entrée portion size does not always increase children's energy intake at a meal. Experimental Biology Annual Meeting, San Diego, CA (April, 2008).
- 9. "What do you mean my child is overweight?" Invited presentation to the International Responsive Feeding Consortium, sponsored by the WHO Responsive Feeding Working Group, Montreal, PQ, Canada (August, 2008).
- 10. Behavioral factors related to lactose intolerance and bone consequences." Invited presentation at the NIH Consensus Conference on Lactose Intolerance, Washington, DC (February, 2010).
- 11. "The development of children's taste preferences." Invited presentation at the International Life Sciences Institute Low Calorie Sweeteners Workshop, Washington, DC (April, 2011).
- 12. "Too small to fail: Birthing the B-24 Guidelines." Food and Nutrition Conference, Philadelphia, PA (October, 2016).
- 13. "Responsive feeding: Present and future research." Invited presentation at the Society for Nutrition Education and Behavior Annual meeting, Washington, DC (July, 2017).
- 14. "Innovative dietary assessment tools." Session discussant. International Society for Behavioral Nutrition and Physical Activity, Edinburgh, Scotland (June, 2017).
- 15. "Feasibility of utilizing food photography to capture parent-child meal intakes for participants from rural areas of the United States." International Society for Behavioral Nutrition and Physical Activity, <u>Prague, Czech Republic</u> (June, 2019).
- 16. "The Good Tastes Study: Relations between children's eating behaviors and caregivers' intentions to persist in offering difficult to like foods." Nutrition, 2019, Baltimore, MD (June, 2019).

17. "Relations between children's eating and caregivers' feeding behaviors for novel foods." Nutrition, 2019, American Society of Nutrition Annual Meeting, Baltimore, MD (June, 2019).

## **Professional Presentations:**

Grand Rounds/CME

- 18. "Early childhood nutrition and the development of children's food preferences." Invited presentation for The Children's Hospital of Omaha, Grand Rounds, Omaha, NE (December, 1999).
- 19. "The role of disinhibition of energy intake in the development of obesity." Invited presentation for University of Kansas Medical School CME, Kansas City, KS (September, 2000).
- 20. "Helping young children learn to acquire new food preferences." Invited presentation for Pediatric Updates for The Children's Hospital of Denver. Denver, CO (October, 2000).
- 21. "Optimal environments to encourage healthy eating habits in children." Invited presentation for The Children's Hospital of St. Paul Minnesota, CME Pine Beach, MN, (May, 2001).
- 22. Optimal environments to encourage healthy eating habits in children." Invited presentation for The Indian Health Service, Grand Rounds, Cherokee, NC, (September, 2001).
- 23. Developmental aspects of eating: using strategies to prevent obesity." Invited presentation for Salem Hospital, Grand Rounds, Salem, OR (Dec, 2001).
- 24. "Nutrition in the Trenches: Developmental perspectives on young children's eating patterns, food preferences and weight outcomes." Invited presentation for The Children's Hospital of Omaha, Grand Rounds, Omaha, NE (May, 2003).
- 25. Preventing obesity in toddlers: motivating parents and caregivers." Invited presentation by The American Academy of Pediatrics NCE Conference, Washington, DC, (October, 2005).
- 26. "Exploring factors related to childhood and adolescent obesity: guidelines for clinical practice." Invited presentation for The American Nutraceutical Association, Longbeach, CA (April, 2007).
- 27. "Early childhood nutrition and development." Invited presentation for The 13<sup>th</sup> Asian Pacific Congress of Pediatrics, Shanghai, China (October, 2009).
- 28. "Early childhood nutrition and development." Invited presentation for Hong Kong Academy of Pediatrics, <u>Hong Kong, China</u> (May, 2010).
- 29. "Nutrition Concerns in Children with Autism Spectrum Disorder" Invited presentation at The Autism Research Institute, Dallas, TX (January, 2011).
- 30. "Insights into childhood obesity." Invited presentation at the American College of Veterinary Internal Medicine Forum, Denver, CO (June, 2011)
- 31. "Nutrition concerns in children with autism spectrum disorder." Invited presentation at the 2012 Autism Speaks Nutrition Conference, Columbus, OH (August, 2012).
- 32. "Current research on picky eaters and supporting young children in mealtime routines." Invited presentation for Early Intervention Conference Supporting Young Children & Their Families in Daily Routines, JFK Partners, CU Anschutz Medical Campus, Aurora, CO (March, 2014).
- 33. "Educating caregivers about appropriate portions for children." Invited presentation for American Academy of Pediatrics GlobalcastMD, Emory University School of Medicine & Akron Children's Hospital, Akron, OH (March, 2014).
- 34. "Factors influencing children's food acceptance and mealtime interactions." Invited presentation for Ecuadoran pediatricians, <u>Guayaquil</u>, <u>Ecuador</u> (October, 2014).
- 35. "Developmental origins of children's eating behaviors: where are the leverage point?" Ohio State University, College of Medicine, School of Health and Rehabilitation Sciences, Columbus, Ohio; Keynote (April, 2019).
- 36. Building Blocks for Well-Being—Promoting Healthy Dietary Patterns During the First 1000 Days of Life (online CME; went live December 1, 2022).

## Nursing

- 37. "Optimal environments to encourage healthy eating habits in children." Invited presentation for the University of Northern Colorado Nurses' AHEC, Greeley, CO (January, 2001).
- 38. "Nutrition in the Trenches: examining our approaches towards childhood obesity." Invited presentation for the Centennial AHEC, Nurses Continuing Education, Greeley, CO (February, 2003).
- 39. "Nutrition 101 & the use of human milk in the high risk infant." Invited presentation for The Rocky Mountain Fragile Infant Feeding Institute, Westminster, CO (April, 2004).
- 40. "Nutrition 101 & the use of human milk in the high risk infant." Invited presentation for The Rocky Mountain Fragile Infant Feeding Institute, Estes Park, CO (June, 2005).
- 41. "Nutrition 101 & the use of human milk in the high risk infant." Invited presentation for The Rocky Mountain Fragile Infant Feeding Institute, Boulder, CO (November, 2006).
- 42. "Nutrition 101 & the use of human milk in the high risk infant." Invited presentation for The Rocky Mountain Fragile Infant Feeding Institute, Boulder, CO (May, 2007).

#### **Dietetics**

- 43. "Parents' and children's adiposity and eating style." Invited presentation for the American Dietetic Association Annual Meeting, San Antonio, TX (October, 1996).
- 44. "Young children's eating and weight outcome." Invited presentation for the New Mexico Dietetic Association, Albuquerque, NM (March, 1997).
- 45. "Improving preschoolers self-regulation of energy intake." Invited presentation for The American Dietetic Association Annual Meeting, Kansas City, KS (October, 1998).
- 46. "Improving preschoolers self-regulation of energy intake." Invited presentation for The American Dietetic Association Annual Meeting, Atlanta, GA (October, 1999).
- 47. "Improving preschoolers self-regulation of energy intake." Invited presentation for the Lincoln Dietetic Association, Lincoln, NE (December, 1999).
- 48. "Promoting healthy eating habits in children." Invited presentation for the Ohio Nutrition Council, Columbus, Ohio (March, 2000).
- 49. "Optimal environments to encourage healthy eating habits in children." Invited presentation for the American Dietetic Association, Denver, CO (October, 2000).
- 50. "Nutrition in the Trenches: examining our approaches towards childhood obesity." Invited presentation for the Montana Dietetic Association Annual Meeting, Billings, MT (May, 2002).
- 51. "Do children have the ability to self-regulate energy intake?" Pediatric Nutrition Practice Group, Denver, CO (January, 2003).
- 52. "Nutrition in the Trenches: examining our approaches towards childhood obesity." Invited presentation for the Nebraska Dietetic Association Annual Meeting, Lincoln, NE (May, 2003).
- 53. "Speaking to be Heard: challenges in communicating with clients." Invited presentation for the Vermont Dietetic Association Annual Meeting, Burlington, VT (April, 2005).
- 54. "Speaking to be Heard: challenges in communicating with clients." Invited presentation for the Idaho Dietetic Association Annual Meeting, Twin Falls, ID (April, 2006).
- 55. "Speaking to be Heard: challenges in communicating with clients." Invited presentation for the Michigan Dietetic Association Annual Meeting, Livonia, MI (May, 2006).
- 56. "Early childhood nutrition: patterns for a lifetime." Invited presentation for the Wisconsin Dietetic Association Annual Meeting, Fontana, WI (April, 2007).
- 57. "Family mealtimes: new solutions to old problems." Invited presentation for the Texas Dietetic Association Annual Meeting, Houston, TX (June, 2008).
- 58. "Early childhood nutrition: patterns for a lifetime." Invited presentation for the Florida Dietetic Association Annual Meeting, Boca Raton, FL (July, 2008)

- 59. "Nutrition concerns in children with autism spectrum disorder." Invited presentation for Alaskan Dietetic Association Annual Meeting, Anchorage, AL (April, 2010).
- 60. "Nutrition concerns in children with autism spectrum disorder." 2<sup>nd</sup> Annual Colorado Children's Hospital Nutrition and Dietetics Continuing Education Conference (November, 2013).
- 61. "Nutrition and feeding of young children." Colorado Children's Hospital Nutrition and Dietetics Internship Program (February, 2014).
- 62. Johnson, SL. "Why children eat the way they do: Environmental and developmental influences on children's food preferences." Webinar, Midwest Dairy Council, November, 2016.
- 63. Johnson, SL. Idaho Academy of Nutrition and Dietetics annual meeting. Idaho Falls, ID, April, 2016.
- 64. Peirce, P & Johnson, SL. "Relationships in feeding." Lecture to the 2016 dietetic interns at Children's Hospital Colorado, Aurora, CO, March 21, 2016.
- 65. Johnson, SL. "The development of eating habits in early childhood: strategies to promote fruit and vegetable consumption." Mexico City, Mexico, November 14, 2016.
- 66. Peirce, P & Johnson, SL. "Relationships in feeding." Lecture to the 2016 dietetic interns at Children's Hospital Colorado, Aurora, CO, January 23, 2017.
- 67. "Responsive Feeding: Understanding when and how to develop a feeding relationship with infants." Webinar for the Military Families Learning Network, June 27, 2017.
- 68. Johnson, SL & Moding, K. "Relationships in feeding." Lecture to the 2018 dietetic interns at Children's Hospital Colorado, Aurora, CO, February 26, 2018.
- 69. Johnson, SL & Barrett, K. "You want me to eat *that*? Understanding food fussiness and neophobia in young children." Pediatric Clinical Nutrition Conference, Children's Hospital Colorado, Aurora, CO, November 5, 2021.

## Child Care and Head Start

- 70. "Promoting healthy eating habits in children." Invited presentation for the Childhood Nutrition/Universal Link to Health, Los Angeles, CA (October, 1998).
- 71. "Promoting healthy eating habits in children." Invited presentation for Head Start Care Providers, Denver, CO (October, 1999).
- 72. "Practice what you preach: the impact of feeding practices." National Association for the Education of Young Children, New Orleans, LA (November, 1999).
- 73. "The development of children's taste preferences and eating behaviors." In-service on child feeding for Head Start professionals, Del Norte, CO (September, 2001).
- 74. "The development of children's taste preferences and eating behaviors." In-service on child feeding for Head Start professionals, Alamosa, CO (September, 2001).
- 75. "The development of children's taste preferences and eating behaviors." In-service on child feeding for Head Start professionals, Boulder, CO (September, 2001).
- 76. "Developmental perspectives on young children's eating patterns, food preferences and weight outcomes." Children First Conference, Moscow, ID (October, 2001).
- 77. "Improving preschoolers' self-regulation of energy intake." Keynote address for the California CACFP Roundtable, Palm Springs, CA (October, 2001).
- 78. "The development of young children's eating behaviors." Invited presentation for the California CACFP Roundtable, Anaheim, CA (October, 2002).
- 79. "Optimal environments to encourage children's self-regulation of energy intake." Invited presentation for CAEYC, CDPH, Connecticut Head Start, Connecticut Team Nutrition, Trumbull, CT (February, 2003).
- 80. "Opening the dialogue with parents of overweight children." Invited presentation for the California

CACFP Roundtable, Anaheim, CA (October, 2003).

- 81. "Factors affecting the eating behaviors of children." National Head Start Association Conference, Anaheim, CA (April, 2004).
- 82. "Results of the About Feeding Children Survey." California CACFP, Anaheim, CA Roundtable (October, 2004).
- 83. "How much of a gap is there between feeding guidelines and feeding practices?" Presentation for the California CACFP Roundtable. Anaheim, CA (October, 2005).
- 84. "Winning the weight game." Team Nutrition Presentation for the Colorado Department of Health and Environment, Denver, CO (November, 2006).
- 85. "How much of a gap is there between child care standards and child feeding practices?" California CACFP Roundtable, Anaheim, CA (October, 2006).
- 86. "The influence of feeding practices in child care on obesity in early childhood." Invited presentation for the Forum: Child Care, Childhood Obesity& Policy Intervention, Seattle, WA (October, 2007).
- 87. "Factors affecting childcare professionals' decisions about child feeding." California CACFP Roundtable, Anaheim, CA (October, 2007).
- 88. "Early childhood nutrition: patterns for a lifetime." California CACFP Roundtable, Palm Springs, CA (October, 2008).
- 89. "A train the trainer workshop on preventing childhood obesity." California CACFP Roundtable, Long Beach, CA (October, 2009).
- 90. "Building childcare parent partnerships to prevent childhood obesity." California CACFP Roundtable, Anaheim, CA (October, 2010).
- 91. Johnson, SL, Bellows, LL, Swindle T. "Developmentally sound nutrition education and activity practices to support young children's adoption of healthy eating and activity behaviors." Child Care Roundtable Conference, Palm Springs, CA, (October 19, 2016).

## Other Professional Meetings

- 92. "Parents' and children's adiposity and eating style." Invited presentation for the Consumer & Family Studies Conference, Colorado Springs, CO (March, 1996).
- 93. "The new nutrition guidelines for school food service." Thompson School District School Food Service Professionals, Longmont, CO (April, 1996).
- 94. "Nutrition Management for Overweight Children in the Medical Model Setting." Panel member for the Association of Eating Disorders Annual Meeting, Denver, CO (May, 2003).
- 95. "Feeding relationships in families." Denver Metro Nutrition Network, Denver, CO (September, 2004).
- 96. "Speaking to be heard: opening the dialogue to help patients set and maintain goals." Invited presentation for the Texas Association for Cardiovascular & Pulmonary Rehabilitation, San Antonio, TX (April, 2005).
- 97. "Learning good reviewer practices." Journal of Nutrition Education Editorial Board at the Society for Nutrition Education and Behavior Annual Conference, Reno, NV (July, 2010).
- 98. "Publishing qualitative research workshop." JNEB Editorial Board at the Society for Nutrition Education and Behavior Annual Conference, Kansas City, MO (July, 2011).
- 99. "Getting your research published." Journal of Nutrition Education Editorial Board at the Society for Nutrition Education and Behavior Annual Conference, Washington, DC (July, 2012).
- 100. Presentation to NIH staff of research presented at the US-Joint European Commission, Rockville, MA (August, 2013).
- 101. US Co-Chair for "Understanding Nutrition-Related Consumer Behaviour: Strategies to Promote a Lifetime of Healthy Food Choices", ISBNPA research satellite symposium, 21-22 May 2013, Ghent, Belgium. Joint European Commission and National Institutes of Health symposium.

- 102. "Comparing Principal Components Analysis to Factor Analysis: When to use each method." Journal of Nutrition Education Editorial Board at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR (August, 2013).
- 103. "Childhood Obesity: Social and Environmental Factors." Presentation to the 21<sup>st</sup> European Congress on Obesity, <u>Sofia, Bulgaria</u> (May, 2014).
- 104. "Learning methods to undertake an evidence-based review." Presentation of the Journal of Nutrition Education Editorial Board at the Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI (June, 2014).
- 105. "Who should be funding nutrition education? Insights of funding from non-profit, industry, and government agencies." Panel presentation at the Annual Meeting for the Society for Nutrition Education and Behavior, Milwaukee, WI (June, 2014).
- 106. "Writing and Reviewing Methods Papers," Webinar for the Journal of Nutrition Education and Behavior, (April, 2016).
- 107. "Responsive feeding: present and future research." Society for Nutrition Education and Behavior. Washington, DC, (July, 2017).
- 108. "Panel on h-index/Impact Factor: Cornerstone of Your Career." Society for Nutrition Education and Behavior. Orlando, FL, (July, 2019).
- 109. "The Good Tastes Study: Improving children's eating behavior and diet." University of Illinois Food and Family Conference, Chicago, IL, (September 26, 2019).
- 110. "Contextual factors associated with young children's development of food preferences." The Early Childhood Education Working Group, (August 17, 2020), virtual seminar.
- 111. "Introducing hard-to-like foods to infants and toddlers." Nestle Nutrition Institute in <u>Rio de</u> Janeiro, Brazil, changed to global webinar, (October 15, 2020).
- 112. "HEROs: Design of a mixed-methods formative research phase for an ecocultural intervention to promote healthy eating and activity behaviors in rural families with preschoolers." With Laura Bellows, CSU, Journal of Nutrition Education and Behavior Journal Club, (November 9, 2020.)
- 113. "Methods to collect dietary data in young children." National Academy of Sciences and Engineering: Approaches to assessing intake of food and dietary supplements in pregnant women and children 2 to 11 years of age: A workshop series, (May 17, 2021).
- 114. "Developing graphical abstracts: Tips and Issues." Society for Nutrition Education and Behavior webinar series. I proposed the session and served as moderator, (January 11, 2022).

## University Seminars

- 115. "Optimal environments to encourage healthy eating behaviors in children." Invited presentation for the Graduate Nutrition, Swiss Federal Institute of Technology, Zurich, Switzerland (June, 1998).
- 116. "Optimal environments to encourage healthy eating behaviors in children." Invited presentation for the Graduate Nutrition, Swiss Federal Institute of Technology, <u>Zurich</u>, <u>Switzerland</u> (June, 1998).
- 117. "Parental influences on children's and adolescents eating patterns." How to Grow a Healthy Child Teleconference, PSU, State College, PA (March, 2000).
- 118. "Development of young children's eating behaviors." Exercise and Sports Science, KU, Lawrence, KS (September, 2000).
- 119. "Promoting healthy eating habits in children." Invited presentation for Colorado Cooperative Extension State Training, CSU, Denver, CO (November, 2000).
- 120. "Optimal environments to encourage healthy eating behaviors in children." Invited presentation for the Graduate Nutrition, Swiss Federal Institute of Technology, <u>Zurich</u>, <u>Switzerland</u> (May, 2001).
- 121. "Developmental perspectives on eating behaviors: links to childhood obesity." Margaret Richie

Speaker Award, UI, Moscow, ID (Oct. 2001).

- 122. "Factors affecting eating behavior of children." Invited presentation for the Current Issues in Nutrition International Teleconference, ISU, Ames, Iowa (April, 2003).
- 123. "Developmental aspects of children's eating behaviors." Invited presentation to the Kid's Brains Conference in Denver, CO (May, 2003).
- 124. "When does prevention of obesity begin? Development of children's eating behaviors." Keynote presentation to the IberoAmericana University Biannual Nutrition Conference, <u>Mexico City</u>, <u>Mexico (April, 2004)</u>.
- 125. "Developmental aspects of children's eating behaviors." Invited presentation to the Kid's Brains Conference in Denver, CO (May, 2004).
- 126. "Young children's eating behaviors: spheres of influence." Invited presentation for the CSU Food Science and Human Nutrition Seminar, Fort Collins, CO (March, 2005).
- 127. "Nutrition in the Trenches." Invited presentation for the Cooperative Extension Annual Conference, Newark, DE (August, 2005).
- 128. "Nutrient intakes of 3- to 15-month-old children in Andra Pradesh, India." Presented at the US-Indo Collaboration Dissemination Conference, <u>Hyderabad</u>, <u>India</u> (May, 2009).
- 129. "Childcare providers' role in preventing childhood obesity." Invited presentation for the University of North Carolina School of Public Health, Chapel Hill, NC (November, 2008).
- 130. "Childcare providers' perspectives on childhood obesity and child feeding." Invited presentation for the Department of Economics, University of Indiana, Bloomington, IN (May, 2009).
- 131. "Parent and child care providers' views of the causes of childhood obesity." USDA NRI Investigator Meeting, Baltimore, MD (June, 2009).
- 132. "Early childhood nutrition and development." Invited presentation for the Department of Nutrition & Exercise Physiology and Food Science, Columbia, MO (October, 2009).
- 133. "Environmental impacts on food intake and eating behaviors in young children." Invited Keynote Presentation for Russell Memorial Symposium, Rutgers University, New Brunswick, NJ (Sept., 2011).
- 134. "Appetite and energy regulation in children." Invited presentation for the Tube Feeding Conference, <u>Glasgow, Scotland</u> (October, 2012).
- 135. "I don't like it...I've never tried it: How to help children learn to eat healthfully." Invited presentation for the Community Nutrition and Family and Consumer Sciences Extension Conference, Columbus, OH (November, 2012).
- 136. "Be a Super Taster & a Mighty Mover: An update on the Colorado LEAP Study to Prevent Early Childhood Obesity." Invited presentation for the Nashville CHEW Conference, Nashville, TN (November, 2012).
- 137. "I've never tried it...but I don't like it. Factors influencing children's food acceptance and mealtime interactions." Invited presentation at Obesity Research Center seminar, University of Alabama, Birmingham (December, 2012).
- 138. "I've never tried it...but I don't like it. Factors influencing children's food acceptance and mealtime interactions." Invited presentation at Drexel University Department of Nutrition Sciences, Philadelphia, PA (February, 2013).
- 139. "What is the right amount? Parenting decisions about portion sizes for children." Invited presentation at Temple University, Philadelphia, PA (May, 2014).
- 140. "Environmental and developmental influences on children's food preferences and dietary intake." University of Arkansas Medical School, Little Rock, Arkansas (January, 2016).
- 141. "Colorado LEAP: A longitudinal intervention to improve young children's food acceptance patterns." CUAMC, Pediatric Nutrition Seminar (October 6, 2016).
- 142. "Building and leading high performance teams." Presentation for the 2016 CCTSI LITES Program, Golden, CO, (September, 2016).

- 143. "Leadership for Innovative Team Science (LITeS)—Challenges & training of leaders." Virginia Sea Grant, Williamsburg, VA, William and Mary University (December, 2016).
- 144. "Building and leading high performance teams." Presentation for the 2017 CCTSI LITES Program, Aurora, CO (December, 2017).
- 145. "Understanding and Improving Emotional Intelligence." University of Illinois Division of Nutrition Sciences, graduate program (October, 2018).
- 146. "Understanding and working with conflict: debriefing your TKI report." Presentation for the 2018 CCTSI LITeS Program, Aurora, CO (November, 2018).
- 147. "Understanding and Improving Emotional Intelligence." Presentation for the 2018 CCTSI TOTTS Program, Aurora, CO (January, 2019).
- 148. "Understanding and working with conflict: debriefing your TKI report." Presentation for the 2018 CCTSI TOTTS Program, Aurora, CO (February, 2019).
- 149. "PDSA: Uses and Options." Colorado State University, Department of Food Science and Human Nutrition, graduate program (November, 2018).
- 150. "Working Effectively with Conflict." University of Illinois Division of Nutrition Sciences, graduate program (September, 2019).
- 151. "Identifying emerging opportunities in child-feeding research." University of Arkansas School for Medical Sciences (August 12, 2019).2
- 152. "Complementary Feeding: How Sensory Characteristics and Availability of Infant/Toddler Foods in the US May Be Shaping Children's Eating." University of Illinois Division of Nutrition Sciences, graduate program seminar (October, 2020).
- 153. "How to develop a Research Statement for Faculty Positions and Job Talks." Presentation for the CUAMC Nutrition T32 Postdoctoral Fellows Journal Club. (December 8, 2022).
- 154. "How do we implement the Dietary Guidelines for Americans for Children Under 2 y?" Cornell University, invited presentation for the Division of Nutritional Sciences Seminar (April 11, 2023).

## Government and Policy

- 155. "Parents and children's adiposity and eating behaviors." Invited presentation for the National WIC Directors Conference, Houston, TX (December, 1996).
- 156. "Children's self-regulation of energy intake." Invited presentation for WIC Directors Conference, Dallas, TX (October, 1997).
- 157. "Improving preschoolers' self-regulation of energy intake. Invited presentation for the National WIC Directors Conference, Denver, CO (May, 1998).
- 158. "Children's self-regulation of energy intake." Invited presentation for Tri-County Health Department, Denver, CO (October, 1998).
- 159. "Practice what you preach: the value of parental role modeling at mealtime." Invited presentation for NICHD Enhancing the Nutrition of America's Youth, Washington, DC (November, 1998).
- 160. "Childhood obesity: Factors influencing food intake." Invited presentation for the WIC Technical Meeting, Hutchinson, KS (March, 1999).
- 161. "Communicating concerns about weight to parents of overweight children." Invited presentation for the Colorado WIC Meeting, Denver, CO (April, 1999).
- 162. "Early childhood nutrition and child development." Invited presentation for the Joint NIH-Indo Nutrition Workshop, Hyderabad, India (February, 2000).
- 163. "Parents' Role and Influences on Children's and Teens' Eating Habits." Invited presentation for the Georgetown Childhood Obesity Policy Conference, Washington, DC (February, 2000).
- 164. "Improving preschoolers' self-regulation of energy intake." Invited presentation for the California

WIC Childhood Obesity Conference, San Diego, CA (March, 2001).

- 165. Improving preschoolers' self-regulation of energy intake." Invited presentation for the Missouri WIC Annual Conference, St. Louis, MO (October, 2001).
- 166. "Opening the dialogue with parents of overweight children." Invited presentation for the National Association of WIC Directors Meeting, Phoenix, AZ (September, 2002).
- 167. "Fostering healthy eating behaviors for children in school environments." Invited presentation for the Colorado Department of Education, Estes Park, CO (March, 2003).
- 168. "The research behind the recommendations." Invited presentation for the FitWIC International Teleconference, Austin, TX (April, 2003).
- 169. "Talking to parents of overweight children." Invited presentation for the California WIC Annual Conference, San Diego, CA (April, 2003).
- 170. "Factors that impact children's growth: learning how to identify and talk about the problems." Tri-County Health Department WIC In-service, Aurora, CO (June, 2004).
- 171. "Does obesity prevention begin in childhood? Determinants of children's eating and physical activity behaviors. Invited presentation for the Moving Towards the Natural State of Health Conference, Little Rock, AR (August, 2004).
- 172. "Ready, set, chart: using the new growth charts from preterm infants." Invited presentation for the National WIC Association Meetings, Phoenix, AZ (September, 2004).
- 173. "Why kids eat the way they do." Invited presentation for the Georgia Department of Education Director's Conference, Athens, GA (October, 2004).
- 174. "Opening the dialogue with parents of overweight children." Invited presentation for the California WIC Association Annual Meeting, Oakland, CA (April, 2005).
- 175. "Food ways and cultural feeding practices in Latino families with young children." Rocky Mountain Prevention Research Center Teleconference, Denver, CO (June, 2005).
- 176. "Raising a healthy eater: research into practice." State of Colorado Annual WIC meeting, Denver, CO (June, 2007).
- 177. "Vegetable consumption of children ages 3 5 years: an environmental and developmental perspective." Presentation at the Baylor Roundtable on Science and Policy: Adopting a Fruitful Vegetable Encounter for Our Children, Chicago, IL (November, 2014).
- 178. "Nutrients of concern for young children ages 6–36 mo. Workshop to investigate the role of cheese in complementary feeding practices <u>Paris, France</u> (December, 2014).
- 179. "Developmental aspect of young children's food acceptance patterns." Institute of Medicine, Review of the WIC Food Package (March, 2016).

## Industry Sponsored Professional Presentations

- 180. "The development of healthy eating behaviors in children." Invited presentation for the National Dairy Council, Indianapolis, IN (April, 1996).
- 181. "Parents and children's adiposity and eating behaviors." Invited presentation for the USDA & CDPHE, Child Welfare & Food Program, Denver, CO (May, 1996).
- 182. "The development of healthy eating behaviors in children." Invited presentation for the Western Dairy Council, Casper, WY (September, 1996).
- 183. "Young children's eating behavior and weight outcome." Invited presentation for Dairy Management Inc, Directors Conference, Chicago, IL (February, 1997).
- 184. "Children's self-regulation of energy intake." Invited presentation for the Leaders Conference—Dairy Management, Incorporated, Kansas City, MO (September, 1997).
- 185. "Improving kids' report card on good health with milk group foods." How to Grow a Healthy Child Conference, Columbus, OH (October, 1998).
- 186. "Battle of the beverages: what our kids are drinking and why." Invited presentation for The

- Calcium Summit, Washington, DC (June, 1999).
- 187. "Development of children's eating patterns and weight outcomes." Invited presentation for The National Dairy Council Leaders Conference, Rosemont, IL (September, 1999).
- 188. "Development of children's eating patterns and weight outcomes." Invited presentation for The Chocolate Manufacturer's Association, New York, NY (September, 1999).
- 189. "Improving kids' report card on good health with milk group foods." Invited presentation for the Dairy Council Writers' Conference, St. Louis, MO (April, 2002).
- 190. "Our children's food choices and how we shape them." Invited presentation for the Denver Calcium Summit, Denver, CO (June, 2002).
- 191. "Who wants what for children's snacks." Presentation for the Hershey Health and Wellness Advisory Board, Hershey, PA (May, 2005).
- 192. "Impacts of Policy on Behavior." Presentation for the Hershey Health and Wellness Advisory Board, Hershey, PA (February, 2006).
- 193. "Marketing to Youth." Presentation for the Hershey Health and Wellness Advisory Board, Hershey, PA (November, 2006).
- 194. "Impact of maternal feeding practices on children's early food acceptance." National Cattleman's Beef Association *Eating in the Early Years* Conference. October 15, 2020, virtual seminar.
- 195. "Introducing hard-to-like foods to infants and toddlers." 95<sup>th</sup> Nestle Nutrition Conference. September 15, 2020, virtual seminar, originally planned for Rio de Janeiro, Brazil.

## Consumer and Parent Presentations

- 196. "Food Fight!" Parent/Consumer Group, Columbus, OH (October, 1998).
- 197. "Food Fight!" The Children's Hospital Parenting Seminars at the Denver Zoo (November, 1999).
- 198. "Childhood obesity: factors influencing food intake." Parent/Consumer Group, Lincoln, NE (December, 1999).
- 199. "Nutrition myths and the real facts behind them." Invited presentation for Gibson, Dunn & Crutcher Law Firm, Denver, CO (June, 2004).
- 200. "Making career choices." Invited presentation for the CU McNair Scholars Program, Boulder, CO (November, 2007).
- 201. "Nutrition concerns in children with autism spectrum disorder—parent presentation." Invited presentation at the 2012 Autism Speaks Nutrition Conference, Columbus, OH (August, 2012).

# TEACHING RECORD:

In previous positions, I taught introductory nutrition at the undergraduate level. I have taught in the Colorado School of Public Health, the CU School of Medicine, the Child Health Associates/Physician Assistant Masters program and the JFK Partners fellowship LEND program. I focus on international nutrition, child feeding as well as nutrition and obesity in children.

## Major Teaching Role:

1998-2007	Clinical Nutrition; Child Health Associates/Physician Assistant—Graduate School,
	UCHSC (1-2 lectures; 1 test, 1 case study and 1 diet project; ~40, 2 <sup>nd</sup> year students);
	2005 – 2007 (4 lectures; 1 test, 1 case study and 1 diet project; Course Director. (1
	credit)

- NURS 4836 Nutrition and Feeding of Children: Useful Knowledge & Approaches for Nurses Co-Director (new course with clinical experience developed with Dr. Lauren Clark, SON) 30 hours (lecture and clinical elective) for nursing students. (3 5 lectures (90 min); 2 tests, 1 case study and 1 diet project, 13-20 students enrolled). Course Director, Spring 2004. (2 credits)
- 2010–2012 PUBH 6624 Global Nutrition; Colorado School of Public Health (4 lectures; 1 group project; 1 case study and 1 final project; 15-25 MPH students or Global Health Certificate students). **Course Director.** (2 credits)
- 2011 CFSP 3190 Nutrition and Feeding in the Childcare Setting; University of Denver; (4 lectures; 3 assignments; 12 undergraduate students) **Course Director.** Note: For University of Denver's Fisher Early Learning Center accreditation. (3 credits)
- 2017—present NIH Nutrition T32 Fellowship Training: "Talk like Ted." CU School of Medicine (10 interactive lectures; final project for each participant is to prepare an 18 20 min talk about their research or course of study that is targeted to the lay public; 2 junior faculty, 10 PhD fellows, 4 MD fellows, 4 undergraduates) Course Co-Director (with Sarah Borengasser, PhD).

## Other Lecturing Roles at CUAMC:

1998 - 2005	BMGN 5003 Principles of Nutrition—CU Denver SOM (2 lectures; 50 min; ~125, 1 <sup>st</sup> y
	medical students)

- 2005 NURS 6113 Studies in Health Promotion and Lifestyle (1 lecture; 2 h; ~10 students)
  2009 2012 CLSC 6654 Key Concepts in Neurodevelopmental Disabilities (1 lecture; 10 15 multidisciplinary graduate students)
- 2012 present CLSC 6663 Best Practice in Early Intervention for Families of Children with Autism (1 lecture; 10 15 multidisciplinary graduate students); co-teach with Dr. Jaime Moore, Assistant Professor, Section of Nutrition (former LEND mentee), since 2020.

## <u>Lecturing Roles in Other Universities:</u>

2007	FCS 504 Research to Practice—University of Idaho FCS Program, Guest Lecturer
2008 - 2012	Metropolitan State College, Department of Health Professions, Nutrition Minor (2
	lectures/year; up to 50 nutrition undergraduates)

Guest lecturer at The University of Illinois, Food Science and Human Nutrition, in Community Nutrition—International nutrition research experiences (1 lecture; 30 graduate and undergraduate students)

2014 & 2015

Guest lecturer at The University of Illinois, Food Science and Human Nutrition, in Community Nutrition —Qualitative research to inform the design of interventions (1 lecture; 50 graduate and undergraduate students)

## MENTORING RESPONSIBILITIES:

Junior Faculty, 1 1998- 2001	Fellows & Graduate Degree Students—Primary mentor  Mary Barry, Ph.D. (Health and Behavioral Sciences, UCD, Denver, CO)  Thesis: Parental influence on physical activity in Hispanic and Non-Hispanic White children  Professional presentations: Barry M.J., Zamudio S., Johnson S.L. Parental influence on physical activity in Hispanic and non-Hispanic white children. ACSM. June, 2001  Awards: ACSM Fellowship Award UCD, College of Letters Arts and Sciences, Outstanding PhD Student, 2001
2003 – 2007	Erin Ross (UCHSC Clinical Sciences program—Ph.D. Dissertation Mentor)  Thesis: Early growth velocity predicts longitudinal growth failure  Comprehensive exam completed June 27, 2003  Proposal accepted September, 2005  Dissertation defended February, 2007  Graduation May, 2007  Accepted for NIH Postdoctoral Fellowship July, 2007
2004 – 2007	Angela Mielke (University of Denver, Clinical Psychology—Ph.D. Dissertation Mentor)  Thesis: Weight, child feeding, and self-concept among Hispanic and non-Hispanic white children ages 5 to 11 years old  Proposal accepted August, 2006  Dissertation defended July, 2007  Graduation August, 2007
Summer 2005	Jill Deacon Sindt (UCDHSC School of Medicine—1 <sup>st</sup> Year Summer Research Project); Finalist for the Western Society of Pediatric Research Student Award, 2006
2006 – 2010	Kyle Burger, CSU Food Science and Human Nutrition—Ph.D.; Dissertation Mentor  Thesis: Food intake, visual cues and neuronal activation: Bridging the gap among behavior, perception and physiology  Proposal accepted August, 2008  Dissertation defended March, 2010  Graduation December, May 2010  Postdoctoral fellowship May, 2010 – June 2013 Oregon Research Institute Assistant Professor, University of North Carolina, Chapel Hill, Public Health, Nutrition, 2013
2007 – 2009	Carrie McConnell, UCDHSC Health and Behavioral Sciences—Ph.D. Candidate; Dissertation Mentor
2007 – 2009	Erin Ross, Ph.D. NIH Postdoctoral Fellowship; Mentor NIH T32 Postdoctoral Fellowship; Primary Mentor UCD Clinical Assistant Professor 2010 - present
2008 - 2012	Andrea Jaramillo, BS, CU Denver; Public Health certificate, Mentor

2008 - 2010	Diana Tapay, MD (CU Denver, Mentored Scholarly Activity)
2008 – 2017	Richard E. Boles, Ph.D. Assistant Professor, CU Anschutz Medical Campus, Department of Pediatrics, Faculty Mentor, Mentor for awarded NIH K23, Mentor for NIH Loan Repayment Program
2009 – 2010	Emma Goforth (CSPH MPH Candidate in Community and Behavioral Health) <u>Capstone project</u> : Measuring access to food outlets in a rural Colorado setting.  Presented to the Governor's Colorado Food Security Advisory Council in June 2011
2010 – 2014	Alexandra Burdell, RD, MPH (Colorado State University, Food Science and Human Nutrition—PhD Candidate; committee co-mentor) Thesis: Understanding the home food and activity environment of low-income, rura families with young children Proposal accepted August, 2012 Dissertation defended August, 2014 Graduation December, 2014
2011 – 2014	Kimberly Williams, MS, CU Denver; NIH Minority Supplement Fellow applicant Public Health certificate; Mentor
2011 – 2013	Alison Ventura, PhD, Assistant Professor, Drexel University, Department of Nutrition Sciences, Philadelphia, PA; Mentor for awarded Drexel Career Development Award entitled "Exploring impacts of nutrition status on development of food preferences"
2012 – 2015	Darcy Thompson, MD, MPH Assistant Professor, CU Anschutz Medical Campus, Department of Pediatrics; Faculty Mentor, Co-Mentor for awarded NIH K23
2013 – 2014	Jill Landsbaugh Kaar, PhD, CU Anschutz Medical Campus, Department of Pediatrics; Faculty Mentor
2016 – present	Taren Swindle, PhD, University of Arkansas Medical School, Department of Family Medicine; NICHD K01 Mentor (Co-mentor)
2016 – present	Mackenzie Ferrante, MS, RD, (Colorado State University, Food Science and Human Nutrition—PhD Candidate; Committee Co-chair)
	*2017 Winner of the Academy of Nutrition and Dietetics Research Practice Group Abstract Award for Graduate Students
	*2018 Finalist: Society for Nutrition Education and Behavior's Children's Division Poster Award
	*2019 Department of Food Science and Human Nutrition Nominee: Outstanding Graduate Student, College of Health and Human Sciences
2016 – 2019	Kameron Moding, PhD University of Colorado Anschutz Medical Campus, Department of Pediatrics—Postdoctoral Fellow; Mentor) Assistant Professor, Purdue University, Human Development and Family Studies
	*2018 Recipient of USDA AFRI Fellowship Award (2 y full time fellowship)
2016 – 2019	Traci Bekelman, PhD (University of Colorado Anschutz Medical Campus, Department of Pediatrics—Postdoctoral Fellow; 2017 granted an NIH T32 Fellowship position; Mentor)

Postdoctoral Fellow in CU LEAD Center, 2019 Assistant Professor, Colorado School of Public Health, Epidemiology Department, \*2018 Postdoctoral Research Award, Finalist, American Society for Nutrition \*2018 Emerging Leaders in Nutrition Science, 2<sup>nd</sup> place, American Society for Nutrition Allie Barreiro, MD (University of Colorado Anschutz Medical Campus, 2017 - 2018Department of Pediatrics—Developmental and Behavioral Pediatrics MCHB Fellow; Research Mentor) 2017 - 2018Haley Lucitt, MSPH (Johns Hopkins University; Capstone Mentor) Allison Shapiro, PhD, (University of Colorado School of Medicine, Developmental 2018 – present Psychology Research Group Fellow, Department of Psychiatry; Co-mentor for K) Assistant Professor, Department of Pediatrics, CU Anschutz Medical Campus Nan Zeng, PhD (Colorado State University, Food Science and Human Nutrition 2018 - 2022Postdoctoral Fellow; Co-mentor) 2019 - 2022Noereem Mena, PhD, (Colorado State University, Food Science and Human Nutrition Postdoctoral Fellow; Co-mentor) 2020 - presentKatherine Barrett, PhD, (University of Colorado Anschutz Medical Campus, Postdoctoral Fellow; Mentor) Megan Lawless, PhD, (University of Colorado Anschutz Medical Campus, Nutrition 2021 - presentT32 Postdoctoral Fellow; Mentor) Ligia Reyes, PhD (Cornell University, Postdoctoral Fellow; Mentor) 2022 - presentFellows & Thesis Degree Students—Committee Member 1999 - 2005Debra Hamilton-Voss, MD, MPH 2001 - 2005Juliet Soscia (UCHSC Pediatric Nutrition Fellow, MPH candidate). 2004 - 2005Schivonne Stephenson, MA (Department of Food Science and Human Nutrition, Colorado State University) Emily Toombs, MA (Department of Food Science and Human Nutrition, Colorado 2004 - 2005State University) Allison Herndon (UCDHSC, MPH program) 2006 - 20072006 - 2008Richard Boles, PhD (Fellow, Cincinnati Children's Hospital Medical Center External Mentor) and collaborator for K-24 Behavioral Treatment for Dietary Adherence in Children and for T-32 Training Grant (P.I. Scott Powers, Ph.D.); Current position, Associate Professor, CU Anschutz Medical Campus, Department of Pediatrics 2007 - 2012Matthew Haemer, MD Fellow (secondary mentor), Current position, Associate Professor, CU Anschutz Medical Campus, Department of Pediatrics Bonnie Jortberg (Colorado State University, Food Science and Human Nutrition— 2009 - 2011PhD Candidate; Dissertation Committee member); Current position, Associate Professor, CU Anschutz Medical Campus, Family Medicine 2010 - 2014Nicole Withrow (Colorado State University, Food Science and Human Nutrition— PhD Candidate; Dissertation Mentor); Current position, Assistant Professor, University of Northern Colorado 2010 - 2013Tara Conlin, MS (Colorado State University, Food Science and Human Nutrition— MS committee member)

2011 - 2012	Micheline Chlipalski (Colorado State University, Food Science and Human
	Nutrition—PhD Candidate; Dissertation Committee member)
2011 - 2013	Melissa Argenti, MS (Colorado State University, Occupational Therapy—MS;
	committee member); Current position, Instructor, CU Anschutz Medical Campus,
	JFK Partners
2012 - 2014	Elizabeth Tilak, MS, RD (Colorado State University, Food Science and Human
	Nutrition—PhD Candidate; committee member)
2012 - 2015	Michelle Cardel, PhD, RD (Anschutz Health and Wellness Center, Pediatric
	Nutrition T32 Fellow, Co-Mentor); Current position, Assistant Professor,
	University of Florida.
2013 - 2014	Kristine Gauthier, RN (University of Colorado Anschutz Medical Campus, School
	of Nursing—PhD candidate, committee member)' Current position, Assistant
	Professor, CU Anschutz Medical Campus, College of Nursing
2013 - 2014	Iman Almarhoon, (University of Idaho, Family and Consumer Science, MS,
	committee member)
2014 - 2018	Sarah Hibbs-Shipp (Colorado State University, Food Science and Human
	Nutrition—PhD; committee member); Current position, Colorado State University,
	CSU Ventures
2014 - 2017	Natalie Masis (University of Illinois at Urbana-Champaign, Division of Nutritional
	Sciences—PhD Candidate; committee member), Current position, Neolife
	International
2016 - 2017	Sunny Karges Colorado State University, Occupational Therapy—MS; committee
	member)
2016 - 2017	Jimikaye Courtney (Colorado State University, Food Science and Human Nutrition—
	PhD student; committee member)
2016 - 2018	Charlotte Lakin Colorado State University, Food Science and Human Nutrition—
	MA; committee member)
2017 - 2021	Savannah Hobbs (Colorado State University, Food Science and Human Nutrition—
	PhD student, Committee member)
2019 - 2021	Alyssa Leib (Colorado State University, Food Science and Human
	Nutrition/Colorado School of Public Health—MPH student, Committee member)
2022 – present	Beatriz Carmona (Cornell University, Nutrition Sciences; Doctoral Student;
-	Committee member)
2022 – present	Shariwa Ajit Oke (Cornell University, Nutrition Sciences; Doctoral Student;
_	Committee member)

# Research Internships

We have created a research internship that is recognized by Metropolitan State, UC-Denver, Regis University and CSU as qualifying for independent research credits (2-3 credits) for psychology, biology and nutrition. Briefly, students are required to complete COMIRB training (for Human Subjects Protection and now HIPAA training), participate in data collection, data management and weekly laboratory meetings during which they must make a peer-reviewed presentation of a research article related to pediatric nutrition. This requires approximately 30 hours per month for the group.

Dietetic Interns for Community Nutrition Rotation
2014 Susan Kim, MS Dietetic Intern
Danielle Hull, Dietetic Intern
Travis Frye, Dietetic Intern

Taryn Brennan, Dietetic Intern Erin Gordon, Dietetic Intern Courtney Cusimano, Dietetic Intern

# Graduate Student Research Interns

1996	Patrice Gammon, MS (Exercise Science, Metropolitan State College, Denver, CO)
1996	Carol Mahoney, MS (Nutrition Science, CSU, Fort Collins, CO)
1998 - 1999	Ben Siew, PsyD (Denver University, Denver, CO)
1998 – 1999	Patrick Duffy, PsyD (Denver University, Denver, CO)
1998 - 1999	Dan Quinn, PsyD (Denver University, Denver, CO)
1998 – 1999	Kathleen Coyne, PsyD (Denver University, Denver, CO)
2001 - 2001	Jennifer Carroll (Nursing MS candidate, UNC, Greeley, CO)
2004	Bryan Goree (Nursing Doctorate Program, UCDHSC)
2010 - 2011	Elijah Oliveros-Rosen, MA (International Studies, University of Denver, Denver, CO)
2010 - 2011	Gabriella Barbosa, MA (International Studies, University of Denver, Denver, CO)
2010 - 2014	Jennifer Edgar, MA (International Studies, University of Denver, Denver, CO)
2011 - 2013	Lacey McFall, MPH (Community and Behavioral Health, CU Denver, Aurora, CO)

# Undergraduate Research Interns

3	
1996 – 1997	Julia Davis (Biology, Metropolitan State College, Denver, CO) Christy Diaz (Biology, Metropolitan State College, Denver, CO) Natalie Jackson (Psychology, UCD, Denver, CO) Teresa Giustino (Psychology, Regis University, Denver, CO) Cindy John (Psychology, UCD, Denver, CO)
1997 – 1998	Brenda Friedman, BS (Psychology, Metropolitan State College, Denver, CO Lisa Taylor, BS (Psychology, Regis University, Denver, CO) Karley Park, BS (Nutrition Science, CSU, Fort Collins, CO)
1999	Rebecca Sparks (Nutrition Science, CSU, Fort Collins, CO) Farrah Jensen, (Nutrition Science, CSU, Fort Collins, CO) Emily Roukema, (Psychology, UCD, Denver, CO)
1999	Julia Davis, (Psychology, UCD, Denver, CO)
	Brooks Ramsey (Psychology, UCD, Denver, CO) Susan Shaker (Psychology, UCD, Denver, CO)
1999	Nicole Lehnecke BA (Psychology, UCD, Denver, CO) Caroline Ponce, (Psychology, UCD, Denver, CO) Leah Konda, (Psychology, UCD, Denver, CO) Sue Sollenburger, (Psychology, UCD, Denver, CO)
2000	Stephany Chavez (Biology, UCD, Denver, CO) Angelina Duran (Psychology/Biology, UCD, Denver, CO) Tonya Serrano (Psychology, UCD, Denver, CO)
2000 - 2001	Nicole King (Psychology/Biology, UCD, Denver, CO)
2000 – 2002	Jennifer Holloway (Psychology/Biology, UCD, Denver, CO; continued as work study student after completing internship)
2001 - 2002	Amanda Martin (Psychology/Biology, UCD, Denver, CO)

	Marissa Robinson (Psychology, UCD, Denver, CO) Shawn St Saveur (Psychology, UCD, Denver, CO)
2002 – 2003	Amy Lucariello (Psychology, UCD, Denver, CO) Stephany Wiebesick (Psychology, UCD, Denver, CO)
2003 - 2005	Justin Dick (Psychology, UCD, Denver, CO)
2006	Meade Pirkey (Psychology, UCD, Denver, CO)
2006 - 2007	Jessica McPherson (Psychology, UCD, Denver, CO)
2007	Saleha Farooq (Business, UCD, Denver, CO) Divya Kashyap (Psychology, UCD, Denver, CO)
2008	Sara Stotz (Allied Health, Metropolitan State College, Denver, CO) Andrea Jaramillo (Integrated Therapeutic Practices, Metropolitan State College, Denver, CO) Valerie Wilson (Allied Health, Metropolitan State College, Denver, CO)
	Kori Neesham (Allied Health, Metropolitan State College, Denver, CO)
2009	Karie Grove, (Psychology, Metropolitan State College, Denver, CO) Sarah Zellmer (Allied Health/Biology, Metropolitan State College, Denver, CO) Jill Sorensen (Psychology, Metropolitan State College, Denver, CO) Jennifer Kane (Integrated Therapeutic Practices, Metropolitan State College, Denver, CO)
2010	Angela Garfield (Sociology/Biology, Metropolitan State College, Denver, CO) Erin Hagerman (Allied Health/Nutrition, Metropolitan State College, Denver, CO) Evangelina Korsgarden (Dietetics, University of Northern Colorado, Greeley, CO) Jamie Mounts (Integrated Therapeutic Practices/Nutrition, Metropolitan State College, Denver, CO) Sarah McPherson (Allied Health, Metropolitan State College, Denver, CO) Jennifer McPherson (Allied Health, Metropolitan State College, Denver, CO)
2010 – 2012	Amanda Waggoner, BS (Food Science and Human Nutrition, Colorado State University, Fort Collins, CO)
2011	Yael Gottlieb (Cognitive Studies, Spanish, University of Pennsylvania, Philadelphia, PA) Claire Biglin (Psychology, University of Oregon) Diane Dennis (Health and Exercise Science, Metropolitan State College, Denver, CO) Jake Hetherton (Biology, Allied Health, Metropolitan State College, Denver, CO) Cara Coxe (Allied Health, Metropolitan State College, Denver, CO) Anchi Ly (Biology, Metropolitan State College, Denver, CO) Allison Pucket (Biology, Metropolitan State College, Denver, CO) Sarah Hudnall (Allied Health, Metropolitan State College, Denver, CO)
2012	Ribka Tadesse (Psychology, Metropolitan State College, Denver, CO) Courtney Cusimano (Allied Health, Metropolitan State College, Denver, CO) Ethan Torpy (Pre-Med, Vanderbilt University, Nashville, TN) Travis Fry (Food Science and Human Nutrition, Colorado State University, Fort Collins, CO)
2013	Jennie Kim (Allied Health, Metropolitan State University, Denver, CO) Liza Shrank (Sports Psychology, University of Denver, Denver, CO) Fallon Garten (Psychology, Metropolitan State University, Denver, CO)

2014	Kelly Caponigro (Allied Health, Metropolitan State University, Denver, CO) Alisha Graham (Allied Health, Metropolitan State University, Denver, CO)
2016	Conor Nistler (Psychology, Regis University, Denver, CO) Abigail Flesher (Psychology, Regis University, Denver, CO) Darrien Toader (University of Colorado Denver, Denver, CO) Geri Kemper, MPH (University of Colorado School of Public Health, Aurora, CO)
2017	Kathryn Davis (Psychology, Metropolitan State University, Denver, CO) Emily Farineau (Biology, Regis University, Denver, CO) Marie Reynolds (Psychology, Regis University, Denver, CO)
2018 – 2019	Joseph Campain (Biology, University of Texas—Dallas, Dallas, TX) Rebecca Boenig (Allied Health, Metropolitan State University, Denver, CO) Lauren Faue (Neuroscience, Regis University, Denver, CO)
2018 – 2020	Caroline Conrad (Neuroscience, Regis University, Denver, CO) Rosemary Schunell, (Psychology, Regis University, Denver, CO) Allyson Montevaldo (Psychology, Regis University, Denver, CO)
2022- present	Annie Campain (Food Science and Human Nutrition, Colorado State University, Fort Collins, CO)

High School Research Internships

Summer 1999 Sandra Alleman (Denver High School UCHSC summer program for minority students interested in pursuing science undergraduate degrees)

## **MAJOR SCIENTIFIC INTERESTS:**

My research focuses on the development of children's eating behaviors and weight outcomes and the impact of the mealtime environment upon children's eating patterns. Specifically, The Children's Eating Laboratory currently conducts research that:

- investigates the feeding strategies and nutrition knowledge of child care professionals.
- investigates how family eating and child-feeding strategies impact children's eating behavior and weight outcome—specifically related to the etiology and prevention of childhood obesity.
- examines cross-cultural aspects of children's eating behaviors both in the United States and internationally.
- explores the nutrient density of the diet and eating behaviors of children with autism spectrum disorders.
- focuses on differences in child-feeding and physical activity that are related to ethnicity, gender and socioeconomic status and how these relate to childhood obesity.
- focuses on the physiological signals of hunger and satiety (fullness) that may be useful in developing interventions to improve weight outcome in children.
- investigates children's growth trajectories and the prediction of abnormal growth patterns.
- examines individuals' brain activation in response to environmental cues related to eating.

In addition to my research interests, I also consider it imperative, as a scientist working in a multidisciplinary area, to participate in the translation of research into best practice. My goal is to develop research-based clinical, consumer and community education and prevention programs in the area of early childhood nutrition that provide knowledge and opportunities for learning for diverse students in nutrition and early childhood education, health care providers, parents and caregivers. My colleagues and I have developed web-based nutrition education materials and have provided "train the trainer" evidence-based programs in childhood obesity for child care providers and pediatricians. I have served on national committees to develop anticipatory guidance nutrition education materials for use by primary care physicians, nurses, dietitians and to create standards for child care. I am committed to attending professional meetings and participating in the peer-review process for manuscripts and presentations that relate to my area of expertise.

#### **GRANT SUPPORT:**

Current

Project Title: Healthy Starts: Pacing of Children's Introduction to Plant-based Foods

Project Period: 09/01/2022 - 08/31/2024 Funding Agency: Vitamix Foundation

PI/Mentor: Susan Johnson; PI transferred to me 05/20/2023

Co-PI/Mentee: Katherine Barrett

Amount Proposed: \$150,000

Project Title: Avocado intake in the early years

Project Period: 05/01/2022 - 04/30/2024 Funding Agency: Hass Avocado Board

PI/Mentor: Susan Johnson; PI transferred to me 05/20/2023

Co-PI/Mentee: Megan Lawless Amount Proposed: \$322,519

Project Title: Utilizing Digital Health Approaches to Promote Early Childhood Healthy

Eating and Activity Behaviors

Project Period: 04/01/2021 03/31/2025

Funding Agency: USDA

MPI: Laura Bellows/Susan Johnson

Role: Co-PI

Amount Proposed: \$999,832.00

Project Title: CO Leadership & Education in Neurodevelopmental Disabilities

Project Period: 07/01/2021 06/30/2025

Funding Agency: HHS

Principal Investigator: Sandra Friedman, CU Denver

Role: Co-Investigator Amount Awarded: \$1,527,778

Project Title: Testing and adaptive implementation strategy to optimize delivery of obesity

prevention practices in early care and education settings

Project Period: 01/01/2022 - 12/31/2027

Funding Agency: NICHD

PI: Taren Swindle Role: Co-Investigator

Amount Proposed: \$122,531 (for the CUAMC subcontract)

Project Title: **KEEP Study** 

Project Period: 01/01/2021 - 12/31/2024

Funding Agency: Mead Johnson PI: Liliane Diab Role: Co-Investigator Amount Proposed: \$500,000

Project Title: Influence of a dairy-based complementary diet on body composition, bone

growth, and food acceptance: a randomized controlled trial.

06/01/2023 - 02/28/2026 Project Period: Funding Agency: National Dairy Council

Minghua Tang PI: Co-Investigator Role:

Amount Awarded: \$617,664

**Completed Projects** 

Project Title: Understanding Beef Preferences during Infant Complementary Feeding

**Project Period:** 06/01/2021 - 09/31/2023

Funding Agency: **NCBA** 

PI: Susan Johnson Amount Proposed: \$382,832.00

Sustainability of Nutrition and Physical Activity Interventions in Childcare (R21) Project Title:

Project Period: 04/01/2019 - 03/31/2023Funding Agency: NIH National Cancer Institute MPI: Taren Swindle\*/Laura Bellows

Role: Co-Investigator

Amount Awarded: \$429,163

The Early Life Exposome and Childhood Health – The Healthy Start 3 Project Title:

**Cohort Study** 

Project Period: 09/01/16 - 08/31/23

Funding Agency: **NIDDK** Principal Investigator: Dana Dabelea Role: Co-Investigator Amount Awarded: \$900,774

Project Title: Bridging Home and Preschool Environments to Promote Healthy Eating and

Activity Behaviors and Prevent Obesity in Early Childhood

5/01/2015 - 04/30/2022Project Period:

Funding Agency: USDA AFRI

Principal Investigator: Laura Bellows, CSU

Role: Co-PI Amount Requested: \$4,999,894

Project Title: De-implementation of Detrimental Feeding Practices in Childcare (R03)

**Project Period:** 01/03/2019 - 012/31/2020

Funding Agency: **NIDDK** 

PI: Taren Swindle\* Role: Co-Investigator Amount Awarded: \$227,899

Using Behavioral Economic Strategies to Improve Children's Meals in a Project Title:

Restaurant Setting

2019-2020 Project Period:

Funding Agency: CSU FSHN Nutrition Research Leadership and Innovation Fund

Laura Bellows/Susan Johnson/Jeffrey Miller PI:

Role: Co-PI

Amount Awarded: \$13,000 (Student research support)

Project Title: Young children's acceptance of vegetables and maternal perceptions

regarding their food acceptance patterns

1/13/2016 - 6/12/2020**Project Period:** Sugar Association Funding Agency: Principal Investigator: Susan Johnson Amount Awarded: \$344,507

Project Title: Palatability & acceptance of nutrition supplements in infants & toddlers:

Quantitative & qualitative indicators in the laboratory and in the field

12/01/17 - 10/30/21Project Period:

Funding Agency: Global Alliance for Improvements in Nutrition

Principal Investigator: Susan Johnson Amount Awarded: \$240,764

The Remote Food Photography Method: Pilot Testing a Novel Technology-Project Title:

Based Measure of Dietary Intake among School-Age Children

04/01/2018 - 03/31/2020Project Period:

Funding Agency: NIDDK (ECHO Opportunities and Infrastructure Fund)

Principal Investigator: Traci Bekelman\* Co-Investigator Role: Amount Awarded:

\$147,300

Healthy Bites: Improving Children's Meals and Dietary Quality in the Project Title:

Restaurant Setting

**Project Period:** 2016-2017

Funding Agency: CSU College of Health and Human Sciences Mini-grant

PI: Laura Bellows/Susan Johnson/Jeffrey Miller

Role: Co-PI

Amount Awarded: \$5,000 (Student research support)

Project Title: The Home Food Environment: Linking Home Food Availability with

Nutritional Health and Chronic Disease Risk

Project Period: 2015-2017

Funding Agency: Colorado Agricultural Experiment Station: COL00640

PI: Laura Bellows/Susan Johnson/Richard Boles

Role: Co-PI Amount Awarded: \$59,169

Project Title: Understanding the Home Food Environment and its Link to Chronic

Disease Risk in Families with Young Children: An Exploratory Study

Project Period: 2015-2016

Funding Agency: Colorado State University Public Health Seed Grant

PI: Laura Bellows/Susan Johnson/Richard Boles

Role: Co-PI

Amount Awarded: \$19,812 (Student stipend)

Project Title: Exploring the Fuel-Mediated Programming of Neonatal Growth (Healthy Start)

Project Period: 9/01/2014 - 8/31/2019

Funding Agency: NIDDK

Principal Investigator: Dana Dabelea, CU-AMC

Role: Co-Investigator

Amount Awarded: \$461,393

Project Title: Understanding the Home Environment to Address Obesity Prevention in

Young Children

Project Period: 2012-2014

Funding Agency: Colorado Agricultural Experiment Station: 2011-46100-31139

PI: Laura Bellows/Susan Johnson/Richard Boles

Role: Co-PI Amount Awarded: \$49,957

Project Title: Nutrition and Feeding of Low-Income African American and Latino Children

Project Period: 02/15/11 - 02/14/17

Funding Agency: USDA AFRI # 2011-68001-30009

Principal Investigator: Sheryl Hughes, Baylor College of Medicine

Role: Site PI

Amount Awarded: \$ 370,202 (Total Costs)

Project Title: A Longitudinal Study to Assess the Effectiveness of a Preschool Nutrition

and Physical Activity Program

Project Period: 4/15/10 - 4/14/15

Funding Agency: USDA AFRI #2009-05124

Principal Investigator: Laura Bellows, CSU

Role: Co-PI Amount Awarded: \$350,110

Project Title: The National Children's Study

Project Period: 2008-2013

Funding Agency: Health and Human Services

Principal Investigator: Dana Dabelea, School of Public Health, CU Denver Role: Co-Investigator, Director, Community Relations

Amount Awarded: \$26,000,000

Project Title: School Nutrition Plus: Partners and Parents

Project Period: 03/01/2009 - 06/30/2012

Funding Agency: Colorado Health Foundation & Contract number – CHF Grant ID 2591

Role: PI

Amount Awarded: \$1,329,251

Project Title: The Effects of Energy Imbalance on Food Intake Behaviors

Project Period: 2006-2011 Funding Agency: NIH

Principal Investigator: Marc Cornier, CU Denver

Role: Co-Investigator Amount Awarded: \$1,113,050

Project Title: Increasing Fruit and Vegetable Consumption during Early Childhood

Project Period: 2009-2011

Funding Agency: The Children's Hospital Research Scholar Award

Principal Investigator: Richard Boles, CU Denver Role: Co-Investigator, Mentor

Amount Awarded: \$70,000

Project Title: Autism Treatment Network

Project Period: 2008- 2011 Funding Agency: HRSA

Principal Investigator: Ann Reynolds, CU Denver

Role: Co-Investigator

Project Title: Research-based Child Care Trainer Materials for Supporting Children in

Healthy Eating, Moving and Growth

Project Period: 2006-2011 Funding Agency: USDA NRI

Principal Investigator: Susan L. Johnson, CU Denver

Role: PI

Amount Awarded: \$1,100,000

Project Title: Feeding Patterns, Dietary Intake, and Overweight in Minority Families with

Preschoolers

Project Period: 2009- 2010 Funding Agency: USDA

Principal Investigator: Sheryl Hughes, Baylor College of Medicine

Role: Site PI

Project Title: The Effectiveness of an Integrated Feeding and Care Intervention among 3-

15-month-old infants in Andhra Pradesh, India

Project Period: 2003-2007 Funding Agency: NIH/NIMR

Principal Investigator: Margaret Bentley, UNC Chapel Hill/ Shanaz Vazir, NIN, Hyderabad, AP India

Role: Consultant; as a result of NIH-Indo Workshop in February, 2000.

Project Title: The Effects of Overfeeding on OP and OR Women

Project Period: 2003-2007 Funding Agency: NIH, NIDDK

Principal Investigator: Daniel Besessen, UCDHSC

Role: Co-Investigator

Project Title: Team Nutrition Grant: 2005 Dietary Guidelines Training for Healthy Child

Care & School Environments

Project Period: 2005-2007 Funding Agency: USDA

Principal Investigator: Judy Schure & Lynne Torpe

Role: Contracted work—curriculum development

Project Title: Nurse Home Visitation to Prevent Infant Latino Obesity

Project Period: 2003-2006
Funding Agency: NIH NINR (R03)
Principal Investigator: Lauren Clark, UCHSC
Role: Co- Investigator

Amount Awarded: \$100,000

Project Title: Factors Influencing Child Care Providers Feeding Practices

Project Period: 2001-2005 Funding Agency: USDA, IFAFS

Principal Investigator: Madeleine Sigman-Grant, UNCE

Role: UCHSC PI Amount Awarded: \$1,300,000

Project Title: Food Friends: Colorado Nutrition Network Preschool Nutrition Education

Program

Project Period: 2002-2005

Funding Agency: Caring for Colorado Foundation Principal Investigator: Susan L. Johnson, UCHSC

Role: PI

Amount Awarded: \$150,000

Project Title: Relationship of Zn Intake and Zn Status to Insulin Levels in Severely Obese

Adolescents Enrolled in a Weight Loss Intervention Trial

Project Period: 2003-2005 Funding Agency: Beef Council

Principal Investigator: Nancy Krebs, MD UCHSC

Role: Co-Investigator

Amount Awarded: \$98,560

Project Title: Effects of Dietary Fat Level on Weight Gain in Young Adults

Project Period: 2000-2005 Funding Agency: NIH NIDDK

Principal Investigator: Joseph E. Donnelly, KU

Role: Consultant Amount Awarded: \$447, 764

Project Title: A Family Systems Approach to Childhood Obesity

Project Period: 1996-2002 Funding Agency: NIH NICHD

Principal Investigator: Susan L. Johnson, UCHSC

Role: PI

Amount Awarded: \$350,000

Project Title: Normal Development of Children's Energy Intake Regulation & Weight Status

Project Period: 1997-2001

Funding Agency: National Dairy Council Principal Investigator: Susan L. Johnson, UCHSC

Role: PI

Amount Awarded: \$156,067

Project Title: Diet and Physical Activity Interactions in Obesity

Project Period: 1998-2006 Funding Agency: NIH, NIDDK

Principal Investigator: James O. Hill, UCHSC

Role: Co-Investigator Amount Awarded: \$1,690,211

Project Title: Long-term Exercise Weight Loss and Energy Balance

Project Period: 1996-2001 Funding Agency: NIH NIDDK

Principal Investigator: Joseph E. Donnelly, KU

Role: Consultant

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- 3. Lawless MC, Shapiro ALB, **Johnson SL.** Socioeconomic indicators of children's dietary exposures during the complementary feeding period. *Journal of Nutrition*, (Under review).
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- 90. Boles RE, **Johnson SL**, Davies PL, Gavin W, Burdell A\*, Bellows L. Physical and social determinants of early child fruit and vegetable intake: A mediation analysis. Presented at *International Society for Behavioral Nutrition and Physical Activity*, Ghent, Belgium, May, 2013.
- 91. Bellows L, Gavin W, **Johnson SL**, Boles RE, Davies PL. Effectiveness of a Preschool Physical Activity Intervention on Gross Motor Skills: The Colorado LEAP Study. Presented at *International Society for Behavioral Nutrition and Physical* Activity, Ghent, Belgium, May, 2013.
- 92. Bellows L, **Johnson SL**, Davies PL, Gavin W, Boles RE. Design and participant characteristics for the Colorado LEAP Study: A longitudinal study for obesity prevention in early childhood. Presented at *International Society for Behaviors in Nutrition and Physical Activity*, Ghent, Belgium, May, 2013.
- 93. Bellows L, **Johnson**, **SL**, Davies, P, Gavin, W, Boles, R. The Colorado LEAP Study: A longitudinal study to assess if the effectiveness of a preschool nutrition and physical activity program is sustained in elementary school. Presented at the American Public Health Association Meeting as part of a USDA sponsored session entitled: Overweight and Obesity Prevention and Interventions in School Aged Children: USDA Supported Projects. Boston, MA, November 5, 2013.
- 94. Kaar JL\*, Buti A\*, **Johnson S**. Food neophobia and food preference concordance among parent-child dyads and parents' offering of new foods. *Faseb J.* 2014 28:252.1.
- 95. Davies P, Bellows LL, Gavin WJ, Johnson SL, Boles RE. Obesity Prevention Study: A physical

- activity program improved gross motor skills in preschool children. Accepted for the *American Occupational Therapy Association*, Baltimore, MA, April, 2014.
- 96. Argenti M\*, Davies P, Gavin W, Bellows L, **Johnson S**. Sensory Processing Characteristics and Eating Behaviors in Preschool Children an Occupational Therapy Perspective. Presented at the 2014 Annual Meeting for American Occupational Therapy Association, Baltimore, MD, April, 2014.
- 97. Burdell A\*, Bellows L, **Johnson SL**, Davies PL, Gavin W, Boles RE. The modification of a home assessment tool for rural families with young children. Accepted for *International Society for Behavioral Nutrition and Physical* Activity, San Diego, CA, May 2014.
- 98. Boles RE, Gunnarsdottir T\*, **Johnson SL**. Preschool children at risk for obesity: The mediating effect of child behavioral and emotional functioning on sleep behaviors. *International Society for Behavioral Nutrition and Physical Activity*, San Diego, CA, May 2014.
- 99. **Johnson SL**, Davies PL, Boles RE, Gavin W, Bellows L. Developmental aspects of preschoolers' exploratory eating behaviors, food refusal and food preference. Presented at the *International Society for Behavioral Nutrition and Physical* Activity, San Diego, CA, May, 2014.
- 100. Conlon T\*, **Johnson S**, Cunningham-Sabo L, Bellows L. A tasting challenge: Development and testing of an approach to influence children's willingness to try new foods. Presented at the *Society for Nutrition Education and Behavior*, in Milwaukee, WI, June, 2014.
- 101. Bellows L, **Johnson SL**, Davies PL, Anderson J, Gavin W, Boles RE (2014). Findings from the Colorado LEAP Study: A Longitudinal Study for Obesity Prevention in Early Childhood. *Journal of Nutrition Education and Behavior*, 46(4S), S189.
- 102. Cardel M,\* Bellows L, Boles R, Davies P, Gavin W, Johnson SL (2015). Self-Concept and Obesity Risk in Low Income Diverse Preschoolers. FASEB Journal, April 2015, 29:902.29. Presented at Experimental Biology, Boston MA. \*\*American Society for Nutrition's Young Minority Investigator Award
- 103. Cardel M\*, Bellows L, Boles RE, Davies P, Gavin W, and **Johnson SL** (2015). Self-Concept and Obesity Risk in Low Income Diverse Preschoolers. Presented as a poster presentation at *The Obesity Society*, Los Angeles, CA. \*\* *Top 10 abstract/posters conducted in Latin Americans*
- 104. Bellows L, Davies P, **Johnson SL**, Boles R, Gavin W (2015). Evaluating two models depicting the relationships between physical activity, gross motor skills, perceived athletic competence, fitness and weight status in preschoolers. Presented at *International Society for Behavioral Nutrition and Physical Activity* Annual Conference, Edinburgh, Scotland, June, 2015.
- 105. **Johnson SL**, Bellows L, Davies P, Gavin W, Boles R (2015). Longitudinal associations between parent reports of child food acceptance and parent feeding practices. Presented at *International Society for Behavioral Nutrition and Physical Activity* Annual Conference, <u>Edinburgh</u>, <u>Scotland</u>, June, 2015.
- 106. Davies PL, Bellows L, Gavin WJ, Johnson SL, Boles RE (2015). Obesity prevention study: Physical activity program improved gross motor skills in preschool children. American Occupational Therapy Association 95<sup>th</sup> Annual Conference & Expo Nashville, TN.
- 107. Davies PL, Bellows L, Gavin WJ, **Johnson SL**, Boles RE (2015). Validating a preschool obesity prevention study by defining the relationships between physical activity, gross motor skills, fitness, and healthy weight. Paper presented at the *Third Annual Occupational Therapy Summit of Scholars*, Los Angeles, CA.
- 108. Cardel MI\*, **Johnson SL**, Beck J, Dhurandhar E, Keita AD, Tomczik AC, Pavela G, Huo T, Janicke DM, Muller K, Piff PK, Peters JC, Hill JO, Allison DB (2016). The Effects of Experimentally Manipulated Social Status on Acute Eating Behavior: A Randomized, Crossover Pilot Study. *Faseb Journal*, 30:408.1, April, 2016.
- 109. Bellows L, **Johnson SL**, Davies P, Gavin W, Chamberlin B, Boles R, Thompson D, Gleason J (2016). The HEROs Study: Bridging Home and Preschool Environments to Promote Healthy

- Eating and Activity Behaviors to Prevent Obesity in Early Childhood. *Journal of Nutrition Education and Behavior*, 48(7), S112-113.
- 110. Bellows L, **Johnson SL**, Davies P, Gavin W, Boles R (2016). Longitudinal Findings from the Colorado LEAP Study: An Obesity Prevention Study in Early Childhood. *Journal of Nutrition Education and Behavior*, 48(7), S112-113.
- 111. Beck J\*, Davies P, Gavin W, **Johnson SL**, Boles R., Bellows L (2016). Motor Skill Development in at-risk Preschoolers: A Community-Based Longitudinal Intervention Study. Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
- 112. Yoshida D\*, Boles R, **Johnson SL**, Bellows L (2016). Development of an Electronic Survey to Capture the Home Food and Activity Environment. Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
- 113. Hibbs-Shipp S,\* **Johnson SL**, Ryan S,\* Kroehl M, Boles R, Bellows L (2016). The Effects of the Food Friends Intervention at Improving Children's Consumption of Novel Foods over a 3-year Period. Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
- 114. **Johnson SL**, Ryan S,\* Kroehl M, Boles R, Davies P, Gavin W, Bellows L (2016). The Effects of a Preschool Intervention Aimed at Improving Young Children's Novel Foods. *FASEB Journal*, April 2016, 30:1155.12
- 115. **Johnson SL**, Gavin W, Davies P, Taylor B,\* Boles R, Bellows L (2016). Caregivers' Estimations of 4–7-y-old Children's Food Neophobia and Eating Temperament and Observations of Children's Food Refusals. *FASEB Journal*, April 2016, 30:276.6.
- 116. **Johnson SL**, Maloney K,\* Moding K,\* Bellows, LL (2016). The Trying New Foods Scale: A preschooler assessment of self-competence for trying new foods. Presented at annual meeting of the Society for the Study of Ingestive Behavior, Porto, Portugal, July 2016.
- 117. Maloney K,\* Bellows LL, Moding K,\* **Johnson SL** (2016). The Trying New Foods Scale: A preschooler assessment of self-competence for trying new foods (2016). Presented at the *Lillian Fountain Smith Conference*, Department of Food Science & Human Nutrition, Colorado State University, Fort Collins, CO, June 2016.
- 118. Hibbs-Shipp S,\* **Johnson SL**, Boles R, Nelson T, Wdowik M, Bellows L (2016). Maternal Health Matters: The Home Food Environment and Chronic Disease Risk. Presented at Colorado State University's Graduate Showcase, November 15, 2016.
- 119. Roe A,\* Davis J, **Johnson S**, Ramsay S (2016). Use of Repeated Exposure and Child Centered Nutrition Phrases to Influence Children's Intake of Fiber from Lentils. Journal of the Academy of Nutrition and Dietetics. 2016 Sep 1;116(9):A61.
- 120. Roe AJ,\* Davis JN, **Johnson SL**, Ramsay SA (2016). The Role of Caregiver Communication in Children's Liking and Consumption of Lentils. The FASEB Journal. 2016 Apr 1;30(1S):893-5.
- 121. Masis N,\* Chapman-Novakofski K, McCaffrey J, **Johnson S** (2016). Designing and evaluating a training protocol for visual estimation of fruits and vegetable intake among K-2nd grade students. *Journal of Nutrition Education and Behavior*, 48(7), pp.S65-S66.
- 122. Masis N,\* **Johnson S**, McCaffrey J, Chapman-Novakofski K. Fruit and vegetable preferences and identification by K-2nd graders with or without the fresh fruit and vegetable program (2016). Journal of the Academy of Nutrition and Dietetics.116(9):A53.
- 123. Bellows L, Davies P, **Johnson SL**, Boles R, Gavin W (2016). Motor skill development in at-risk preschoolers: A community-based longitudinal intervention study. Presented at *International Society for Behavioral Nutrition and Physical Activity* Annual Conference, <u>Cape Town, South Africa</u>.

- 124. McCloskey M, **Johnson SL**, Benz C, Thompson DA, Chamberlin B, Clark L, Bellows, LL (2017). Parent perceptions of mobile device use among young children in rural preschool centers. Presented at International Society for Behavioral Nutrition and Physical Activity, Victoria, British Columbia, Canada.
- 125. Ferrante, M\*, Moding KJ\*, Bellows LL, **Johnson SL** (2017). Paving the way for children's vegetable acceptance: Analysis of dark green vegetable content of commercial infant and toddler foods. Presented at the Colorado Academy for Nutrition and Dietetics, Denver, CO.
- 126. Moding KJ\*, Bellows LL, **Johnson SL** (2017). A new approach to measuring preschoolers' food neophobia: initial validation of a self-competence assessment. Presented at Society for Research in Child Development, Austin, TX.
- 127. Courtney JB\*, **Johnson SL**, Li K, & Bellows LL (2017). At-risk preschoolers' perceived physical competence and observed fundamental movement skills: 2029 Board# 42 June 1 2. *Medicine & Science in Sports & Exercise*, 49(5S), 555. Presented at the American College of Sports Medicine Annual Meeting, Denver, CO.
- 128. Benz C, McCloskey M, **Johnson SL**, Clark L, Thompson D, Chamberlin B, & Bellows L (2017). Exploring mobile device use among preschoolers: a feasible intervention strategy for rural families? *Journal of Nutrition Education and Behavior*, 49(7), S91. Presented at the Society for Nutrition Education and Behavior, Washington, DC.
- 129. Moding KJ\*, Ferrante MJ\*, Bellows LL, Bakke AJ, Hayes JE, & **Johnson SL** (2017). Vegetable or fruit? an examination of commercially available vegetable products for infants and toddlers. *Journal of Nutrition Education and Behavior*, 49(7), S93-S94. Presented at the Society for Nutrition Education and Behavior, Washington, DC.
- 130. Hibbs-Shipp SK\*, **Johnson SL**, Boles R, Nelson T, Wdowik M, Bellows, LL (2017) Maternal health matters the home food environment and cardiometabolic risk factors. FASEB Journal, April 2017, 31:961.21. Presented at Experimental Biology, Chicago, IL.
- 131. Ferrante MJ\*\*, Moding KJ\*, Bellows LL, **Johnson SL** (2017). Paving the way for children's vegetable acceptance: analysis of dark green vegetable content of commercial infant and toddler foods. *Journal of the Academy of Nutrition and Dietetics*, 117(9), a92. Presented at the Food and Nutrition Conference and Exposition, Chicago, IL. \*Student Research Abstract Award from the Academy of Nutrition and Dietetics
- 132. Moding KJ\*, Bellows LL, Palmer C, **Johnson SL** (2017). Sustained Effects of an Intervention to Improve Willingness to Try New Foods on Preschoolers' Liking Ratings of a Target Vegetable. *The FASEB Journal* 31(1):S432-2.
- 133. Swindle T\*, Whiteside-Mansell L, **Johnson SL.** Curran GM (2017). Leveraging the gap: A mixed methods study employing deviance methodology to understand and improve fidelity to best practices in a childcare nutrition intervention. In L. Saldanas (chair) and L. Palinkas (discussant), *Innovations in Mixed Methods Analyses: Understanding Complex Dynamics in Implementation from Intervention to Policy*. Paper presented to the 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA, December, 2017.
- 134. Bekelman T\*, Bellows L, McCloskey M, Martin CK, **Johnson SL** (2018). To eat or not to eat? A novel approach to understanding food offered and unconsumed among low-income families at dinner time. *Current Developments in Nutrition*, 2(11), nzy033. https://doi.org/10.1093/cdn/nzy033. Presented at the Annual Meeting of the American Society for Nutrition, Boston, MA, June 2018.
- 135. Bellows L, **Johnson SL**, Bekelman T\*, Benz C, Chamberlin B, Clark L, McCloskey M, Thompson D (2018). The HEROs Study Year 3: Engaging Families to Promote Healthy Eating and Activity Behaviors in Early Childhood. *Journal of Nutrition Education and Behavior*, 50(7), S122.

136. McCloskey M, **Johnson SL**, Bekelman T\*, Martin CK, Bellows L (2018). What's for Dinner? Analyzing the Dinner Meal of Parent-Preschool Child Dyads Using Food Photography. *Journal* 

of Nutrition Education and Behavior. 50(7); S152.

137. Moding KJ\*, Flesher A, Lucitt H\*, Bakke AJ, Hayes JE, **Johnson SL**. (2018). The Good Tastes Study: exploring caregiver feeding persistence and the roles of perceived infant liking, child temperament, and caregiver food neophobia. American Society for Nutrition Annual Meeting, Boston, MA.

- 138. Lanigan J, Hughes SO, Power TG, Parker L, Beck A, **Johnson S**. SEEDS preschool eating curriculum development and evaluation presentation at the National Research Conference on Early Childhood, Washington DC, June 25-27, 2018.
- 139. **Johnson SL**, Moding KJ\*, Hayes JE, Bakke AJ, Lucitt H\*, Flesher A. (2018). The Good Tastes Study: Infants' and toddlers' acceptance of a familiar food and novel green bitter vegetable purees. American Society for Nutrition Annual Meeting, Boston, MA.
- 140. Bakke A, Carney E, Higgins MJ, Moding K\*, **Johnson S**, Hayes JE. Descriptive Profiles of commercially available stage 2 infant foods. Society of Sensory Professionals Conference. Cleveland, OH. 27 September 2018.
- 141. Swindle T\*, Phelps J, **Johnson S**. Schrick B. Food insecurity among early childhood educators in Arkansas: A mixed methods study. In J.M. Rutledge (chair) and L. Hubbs-Tait (discussant), *Food Insecurity among Early Childhood Educators*. Symposium presented to the biennial meeting of the Society for Research in Human Development, Plano, TX, March, 2018.
- 142. Bellows LL, McCloskey M, Bekelman TA\*, Martin CK, **Johnson**, **SL** (2018). Feasibility of utilizing food photography to capture parent-child meal intakes for participants from rural areas of the United States. Presented as part of a symposium entitled 'Novel methods for dietary assessment with socially-disadvantaged populations' at the International Society for Behavioral Nutrition and Physical Activity, <u>Hong Kong, China</u>.
- 143. Bellows LL, Hibbs-Shipp SK\*, Boles RE, **Johnson SL** (2018). Development of a Home Food Environment Quality Score using the Healthy Eating Index-2010. Presented at the International Society for Behavioral Nutrition and Physical Activity, <u>Hong Kong, China</u>.
- 144. Agard R\*, Courtney J, McCloskey M, **Johnson SL**, & Bellows LL (2018). Understanding parenting practices and values related to physical activity with preschoolers: A qualitative study to inform intervention design. *Journal of Nutrition Education and Behavior*, 50(7), S200. Presented at the Society for Nutrition Education and Behavior, Minneapolis, MN.
- 145. Ferrante M\*, Miller J, **Johnson SL**, & Bellows LL (2018). Improving vegetable intake among children in restaurants: The Healthy Bites Pilot Study. *Journal of Nutrition Education and Behavior*, 50(7), S77-S78. Presented at the Society for Nutrition Education and Behavior, Minneapolis, MN.
- 146. Hobbs S\*, McCloskey M, **Johnson SL**, Boles RE, & Bellows, LL (2018). Examining Dinnertime Photos of Foods Served by Low-Income Families to Inform a Home Food Environment Checklist. *Journal of Nutrition Education and Behavior*, *50*(7), S76-S77. Presented at the Society for Nutrition Education and Behavior, Minneapolis, MN.
- 147. Lakin C\*, McCloskey M, **Johnson SL**, & Bellows LL (2018). Exploring mealtime behaviors and attitudes of families with preschoolers. *Journal of Nutrition Education and Behavior*, *50*(7), S27-S28. Presented at the Society for Nutrition Education and Behavior, Minneapolis, MN.
- 148. Moding K\*, Ferrante M\*, Bellows L, Bakke A, Hayes J, **Johnson SL** (2019). Nutritional content and ingredients of infant and toddler food pouches compared to traditional packaging. *Current Developments in Nutrition*, 3(S1), P11-081-19. https://doi.org/10.1093/cdn/nzz048.P11-081-19. Presented at American Society for Nutrition Annual Meeting, Baltimore, MD.
- 149. Ferrante M\*, Moding K\*, Bellows L, Bakke A, Hayes J, **Johnson SL** (2019). Examining product names of commercially produced infant and toddler foods containing vegetables. *Current*

Developments in Nutrition, 3(S1), P11-082-19. https://doi.org/10.1093/cdn/nzz048.P11-082-19. Presented at American Society for Nutrition Annual Meeting, Baltimore, MD.

- 150. Zeng N\*, **Johnson SL**, Boles RE, Bellows LL (2019). Associations between parents' physical activity and young children's health outcomes. Medicine & Science in Sports & Exercise, 51(S), Board #121. DOI: 10.1249/01.mss.0000562084.95047.e0. Presented at the American College of Sports Medicine Annual Meeting, Orlando, FL.
- 151. Bellows LL, **Johnson SL**, McCloskey M, Chamberlin B. (2019). The HEROs Study Year 4: Intervention Design to Promote Healthy Eating and Activity Behaviors in Early Childhood. *Journal of Nutrition Education and Behavior*, 51(7S), NP8. Presented at the Society for Nutrition Education and Behavior, Orlando, FL.
- 152. Moding KJ\*, Flesher A\*, **Johnson SL**. (June 2019). The Good Tastes Study: Exploring developmental associations between temperament and food acceptance in young children. The International Society of Behavioral Nutrition and Physical Activity Annual Meeting, <u>Hong Kong, China</u>.
- 153. Fries LR, van der Horst K, Moding KJ\*, Hughes SO, **Johnson SL**. Consistency between parent-reported feeding practices and behavioral observation during a dinner meal. Presentation at the meeting of the International Society for Behavioral Nutrition and Physical Activity, <u>Prague</u>, <u>Czech Republic</u>, June 4-7, 2019.
- 154. Swindle T\*, **Johnson S**, Rutledge JM (2019). Stakeholder engagement in selecting implementation strategies to support evidence-based feeding practices in childcare. Presentation accepted to the International Society of Behavioral Nutrition and Physical Activity, <u>Prague</u>, <u>Czech Republic</u>, June 4 7.
- 155. Swindle T\*, Vaughn A, Tabak R, & **Johnson S** (2019). *Illustration of Implementation Science across three nutrition education and behavior projects*. General Session accepted for presentation to Annual Conference of the Society of Nutrition Education and Behavior, Orlando, FL. July, 2019.
- 156. Carney EC\*, Moding KJ\*, **Johnson SL**, Fisher JO (2020). Effects of texture on vegetable acceptance during infancy and toddlerhood. Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.
- 157. Moding KJ, Bonevecchio A, Boenig R\*, Rawlinson C, Flesher A\*, **Johnson SL** (2020). Development of a live coding scheme to assess food acceptance among infants and toddlers in a naturalistic setting. Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.
- 158. Rawlinson C, Harriet, Selene, **Johnson SL**, Gonzalez, Bonevecchio (2020). Lessons learned and recommendations from the implementation of a live coding method to assess acceptability of SQLNS in 7- to 24-month-old children in Mexico. Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.
- 159. Montalvo A\*, Davis K\*, Flesher A\*, Moding KJ\*, Shapiro A\*, **Johnson SL** (2020). Associations between maternal feeding styles and infant intake of a lipid nutrient supplement. Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.
- 160. Davis K\*, Moding KJ\*, Flesher A\*. Boenig R\*, **Johnson SL**. Investigating relationships between breastfeeding status and infant vegetable experience on infants' acceptance of novel vegetables. Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.
- 161. Flesher A\*, Moding KJ\*, Davis K\*, Montalvo A\*, Boenig R\*, **Johnson SL** (2020). Is self-feeding related to food consumption and observed child eating behaviors in infants and

toddlers? Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.

- 162. **Johnson SL**, Shapiro A\*, Davis K\*, Moding KJ\*, Montalvo A\*, Fisher JO, Flesher A\* (2020). Infant and toddler consumption after a 2-week home repeated exposure to a nutrient supplement. Accepted for presentation at the Annual Meeting of the American Society for Nutrition Annual Meeting, Seattle, WA.
- 163. Ferrante MJ\*, **Johnson SL**, Miller J, Symsack K, Olson J, Bellows LL (2020). Switching up sides: using behavioral economics on children's menus to improve vegetable intake. *Journal of Nutrition Education and Behavior*. 52(7):S11.
- 164. Hobbs S\*, McCloskey ML, **Johnson SL**, Coatsworth JD, Bellows L (2020). Intervention mapping of maternal self-care practices to facilitate intervention design. *Journal of Nutrition Education and Behavior*. 52(7):S40.
- 165. Ferrante MJ\*, Slejko G, **Johnson SL**, Miller J, Bellows LL (2020). Incorporating behavioral economic strategies into children's restaurant menus to improve healthfulness: parent perceptions. *Journal of Nutrition Education and Behavior*. 52(7):S9.
- 166. Mena N\*, Ferrante M\*, Zeng N\*, Hobbs S\*, McCloskey M, **Johnson S**, Bellows L (2020). The SPORKS for Kids: A preschool nutrition education program to increase children's willingness to try new foods. *Journal of Nutrition Education and Behavior*. 52(7):S80.
- 167. Zeng N\*, **Johnson S**, Chamberlin B, McCloskey M, Ferrante M\*, Hobbs S\*, Mena N\*, Bellows L (2020). Increasing preschoolers' physical activity via a mobile app game. *Annals of Behavioral Medicine*, 54, 641S.
- 168. Zeng N\*, **Johnson S**, Bellows L (2020). An ecological framework and intervention for physical literacy parenting in early childhood. *Annals of Behavioral Medicine* 54, 794S.
- 169. Hobbs S\*, **Johnson S**, Coatsworth DJ, Bellows L (2021). Refining a maternal self-care intervention to promote family health using the Plan, Do, Study, Act (PDSA) Model. *Journal of Nutrition Education and Behavior*, 53 (7), S70. DOI: <a href="https://doi.org/10.1016/j.jneb.2021.04.157">https://doi.org/10.1016/j.jneb.2021.04.157</a>.
- 170. Mena NZ\*, Barrett K\*, Flesher A\*, Coatsworth DJ, **Johnson SL**, Bellows LL (2021). A Mindful Parenting Intervention for Obesity Prevention in Early Childhood. *Journal of Nutrition Education and Behavior*, 53 (7), S59. Doi: <a href="https://doi.org/10.1016/j.jneb.2021.04.028">https://doi.org/10.1016/j.jneb.2021.04.028</a>.
- 171. Leib A\*, Zeng N\*, **Johnson SL**, Bellows L (2021). Screen time and physical activity patterns among preschoolers in rural, underserved communities. *Journal of Nutrition Education and Behavior*, 53 (7), S77-78. Doi: <a href="https://doi.org/10.1016/j.jneb.2021.04.456">https://doi.org/10.1016/j.jneb.2021.04.456</a>.
- 172. Shapiro A\*, Flesher A\*, Lattanzi K\*, Charlifue-Smith R, **Johnson S** (2021). Young children's food-related receptive language and acceptance of a novel food. *Current Developments in Nutrition*, 5, S817.
- 173. Barrett K\*, Flesher A\*, Moding K\*, **Johnson S** (2021). Characterizing caregiver verbalizations to infants during the introduction of a novel food. *Current Developments in Nutrition*, *5*, S716.
- 174. **Johnson SL**, Lawless M, Shapiro A (2022). Caregiver perceptions of infants' and toddlers' development of food-related lexicons. *Current Developments in Nutrition, 6* (Supplement\_1), 840-840.
- 175. Lawless M\*, Shapiro A\*, **Johnson SL** (2022). Dietary diversity among US infants and toddlers: Associations with caregiver sociodemographic characteristics. *Current Developments in Nutrition*, 6 (Supplement\_1), 683-683
- 176. Kielb E\*, Moding KJ\*, **Johnson S**, Beaulieu B, Connolly B, Faroh S, Bellows L (2022). Opportunities to Support Caregivers Feeding Infants and Toddlers through Extension and Nutrition Education. Current Developments in Nutrition 6 (Supplement\_1), 843-843

- 177. Reyes LI\*, **Johnson SL**, Chamberlin B, Mena N\*, Bellows LL (2022). Acceptability of digital apps developed to engage preschoolers in food tasting and physical activity in the home environment. *Annals of Behavioral Medicine*, *56* (supp 1), s103-s103
- 178. Mena N\*, **Johnson SL**, Barrett K\*, Bellows LL (2022). The HEROS Study: Engaging mothers in the development of preschoolers' physical literacy. *Annals of Behavioral Medicine*, *56* (Supp 1), S629-S629
- 179. Reyes LI\*, **Johnson SL**, Chamberlin B, Bellows LL (2022). Engaging preschoolers in food tasting and movement activities using mobile apps. *Journal of Nutrition Education and Behavior*.
- 180. Shapiro ALB\*, Lawless MC\*, **Johnson SL** (2022). First foods and children's early language acquisition: The Approaching Eating through Language (APPEAL) Study. Annual Conference of the Society for the Study of Ingestive Behavior, Porto, Portugal.
- 181. Lawless MC\*, Shapiro ALB\*, **Johnson SL** (2022). Dietary Diversity of U.S. Infants and Toddlers: Associations with Caregiver Sociodemographic Characteristics. Presented at the Children's Hospital Spring Poster Session 2022. May 2022
- 182. Lawless MC\*, Shapiro ALB\*, **Johnson SL** (2022). The role of infant-feeding method in young children's exposure to foods: findings from the Approaching Eating through Language (APPEAL) study. Presented at the Society for the Study of Ingestive Behavior Annual Meeting. Porto, Portugal. July 2022.
- 183. Swindle T\*, Mitchell V, Gaulden D, Martin J, Johnson S, Percle P, Gremillion M, Rutledge J (2022). Virtual delivery of de-implementation strategies for inappropriate feeding practices in early care and education settings. 15th Annual Conference on the Science of Dissemination and Implementation. S133.
- 184. Barrett KJ, Lawless MC, Campain A, Forestell CA, Flesher A, Lage SJ, Cohodas RN, Ueki M, Moding KJ, & **Johnson SL** (2023). "It's just a matter of practice": understanding parental conceptualizations of complementary feeding. Submitted to the Human Biology Association for the 2023 Annual Meeting
- 185. Forestell CA, Barrett KJ, Lawless MC, Campain A, Flesher A, Lage SJ, Cohodas RN, Moding KJ, & Johnson SL (2023). A Matter of Taste, Health, and Tradition: Parents' Rationales for Introducing Meat to their Children. Submitted to the Society for the Psychology of Human-Animal Intergroup Relations (PHAIR) for the 2023 Annual Conference

## **Educational & Online Videos**

Feeding Young Children in Group Settings. *The Six Principles for Feeding Young Children in Group Settings*. A 4 volume video set to teach child care staff best practice for feeding young children. University of Idaho

 $\frac{http://www.cals.uidaho.edu/feeding/fortrainers/vid\_holder\_mp4.asp?vid=Why\%20Are\%20Children\_mp4.asp.$ 

%20Comments%20From%20Susan%20Johnson.

Bellows L, Anderson J, **Johnson SL** (2002). *Teacher Training Video: Introduction to the Food Friends Social Marketing Program.* A 14-minute video illustrating activities being conducted in the classroom, teachers discussing the program, and examples of child feeding behaviors. Colorado State University.

Child Nutrition: Preventing obesity (2005). Spanish and English series to teach parents to feed their children in a developmentally appropriate manner (Consultant). InJoy Videos, Boulder, CO.

Pre-symposium for the 10th European Nutrition Conference. "Under what conditions do children learn to self-regulate energy intake?" <a href="http://www.danoneinstitute.org/online\_conferences/acquisition-of-food-related-behavior-in-children.php">http://www.danoneinstitute.org/online\_conferences/acquisition-of-food-related-behavior-in-children.php</a> July, 2007, Paris.

A Garden in Every Neighborhood (2011). Produced for Denver Urban Gardens by the Colorado School of Public Health (PI, Jill Litt). <a href="http://hslibraryguides.ucdenver.edu/VisibleHuman">http://hslibraryguides.ucdenver.edu/VisibleHuman</a>

# **CLINICAL EXPERIENCE:**

1997 – 1998	Nutrition Clinic, Children's Hospital of Denver, CO (attending, Nancy Krebs, MD); clinical experience as behavioral specialist in child-family interactions; up to 4 patients per week, 10% effort.
1998 – 2004	GoodLIFE Clinic (Good <u>L</u> ifestyles <u>Influencing Fitness</u> and <u>E</u> ating), The Children's Hospital of Denver, CO, attending, Nancy Krebs, MD; Sharon Travers, MD); Original team member with responsibility as behavioral specialist for parent-child interactions, child and family counseling; up to 6 patients per week, teaching of medical students, interns, residents and supervision of fellows, 5-10% effort.
2001 – 2002	Behavioral Specialist for Clinical Trial for Pediatric Obesity Treatment (PIs Kaplan & Krebs); 12 month study to determine the safety and efficacy of using Sibutramine to treat obesity in 12-16 year-old children. Intensive efforts with 12 subjects, 28, 30-minute sessions with each subject through the course of the study; 10% effort.
2001 – 2002	Behavioral Specialist for Clinical Trial for Pediatric Obesity Treatment (PI Travers); 12 month study to determine the safety and efficacy of using Xenical to treat obesity in 12-16 year-old children. Intensive efforts with 15 subjects, 28, 30-minute sessions with each subject through the course of the study; 15% effort.
2005 – 2006	Nutritionist for the University Affiliated Program (Head, Robinson); Team member with responsibility of home visits pertaining to nutrition and feeding issues in children birth to 3 years of age with special needs.

#### **CONSULTING:**

1999 - 2012

Feeding Young Children in Group Settings (FYCIGS); educational project developed by the University of Idaho. The project is designed to help provide a nurturing feeding environment for children. It integrates concepts from nutrition, child development, and food safety and presents information about best practices in feeding young children. The product includes 4, 90 minute videos and has been broadcast national via downlink and completion of the FYCIGS training results in CEUs for providers. My participation led to 2 funded multi-center collaborative grants and continuing collaboration across universities (USDA).

2000

Colorado Nutrition Network; Hired as consultant to help develop a nutrition education curriculum for preschoolers. This resulted in the production of *Food Friends – Making New Foods Fun for Kids*, a multi-faceted awareness and education program designed to promote healthy habits and skill building among at-risk preschool-aged children. The program has been intensively evaluated (resulting in several peer-reviewed articles). My participation has also included the production of parent materials, a training video for teachers that is sent out with each copy of the curriculum and a funded grant.

2000

Cherokee Choices/Indian Health Service; Invited by Indian Health Service, WIC and Head Start to consult on the reservation with physicians, dietitians, child care providers and parents on matters related to pediatric obesity. This included crafting messages for best practice in each of these respective settings. In a 3 day period gave 4 presentations, performed site visits at 2 child care facilities, facilitated a parent/consumer/provider meeting and provided consulting services for pediatricians at the local Health Service.

2000

BSCS, Colorado Springs Participation in an NIH-sponsored science curriculum development for middle school children which incorporates cooperative learning strategies and strives for student engagement, exploration, critical evaluation and synthesis. The module developed is *The Science of Energy Balance: Calorie Intake and Physical Activity;*http://science.education.nih.gov/supplements/nih4/energy/default.htm.

2001

Intertribal Council of Arizona; Consulted for WIC Services in relationship to new counseling strategies for WIC professionals on the topic of pediatric obesity. Facilitated discussions among staff regarding ideas for implementing new information on parenting and child feeding into the WIC setting.

2002

Southwestern Region WIC; Developed and performed a 3-day training on pediatric obesity, motivational interviewing, and provider-client relationships. Consulted on development of program for national teleconference on increasing pediatric obesity treatment in the WIC setting. Resulted in 8 h teleconference, (my part consisted of 2, 25 minute segments) and video vignettes. Project followed up with education modules to support the video vignettes (2004).

2004 - 2012

The Dannon Institute; Developing a Nutrition module for use in Pediatric Practices to help pediatricians and nurses foster healthier eating and physical activity behaviors in children and families.

2005 – 2007	Team Nutrition Grant with the Colorado Department of Education and the Colorado Department of Public Health and Environment; Developing a train-the-trainer program to teach Dietary Guidelines principles to child care, school food service and education professionals.
2005 – 2008	New Mexico WIC and New Mexico State University Nutrition and Cooperative Extension Service; Developing a nutrition and activity curriculum for WIC mothers of infants birth – 2 years of age (Fit Families) to promote healthy lifestyles and prevent pediatric obesity in the Latino community served by New Mexico WIC Program.
2007 –2012	Dannon Company; Consulting on product development for toddler nutrition product.
2009 – 2011	Pfizer, Inc. Consulting on product development for toddler nutrition product